Education Support

American Dance

Special Projects for Managers

Rescue Bag: A manager can always come to the rescue at special performances and events when they have 'extras' of some costumes or props, emergency items or the regular safety pins or bobby pins with them.

Here is a list of suggestions to carry in your team 'rescue bag':

Hair Spray
Makeup (lipstick, blush, etc.)
Hair Ties
Hair Pins/Bobby Pins
Safety Pins
Extra set of Poms
Extra Hat
Extra Earrings
Extra Tights/Hose
White Socks

Backup Costume/Uniform Pieces
Hand Sanitizer
Personal Hygiene Items
Kleenex
First Aid Kit
Wet Wipes
Ice Packs/Ziploc Bags (for ice)
Ace Bandage/KT Tape
Paper Sacks (for hyper-ventilation)
Sewing Kit

Special Daily/Weekly Awards: You may elect to award a special member of your team at camp or at practice with a ribbon, homemade pin, or sign for some of the following reasons:

Best Discipline
Best Smile
Most Improved
Best Attitude
Best Memory
Most Punctual
Most Enthusiastic

Team Member of the Day/Week
Highest Kicks
Most Dedicated
Most Helpful
Best Rookie/Veteran
*Or come up with your own awards!

Suggestions for Manager Projects

- Clean out the costume closet and inventory all costumes/leotards by size & color.
- Inventory all props listing their condition, colors, variations, etc.
- Have a "Phrase for the Week' that you make a poster and post in the dressing room for team motivation
- Check the batteries of the sound equipment weekly (on Mondays)
- Make all performance music available for team members
- Learn to operate the video and audio equipment
- Make a "Rescue Bag' to take to all team events
- Give special 'Awards from the Managers' at camp and practice
- Decorate the Director's office door
- Decorate locker of team members on their birthday
- Write notes of appreciation to all school organizations, teachers, administrators, janitors, etc. to show constant gratitude from your team
- Make a 'good luck' basket for the visiting drill team at football games
- Offer moral support to team members that seem to be down
- Learn performance make-up techniques so that you can share this with team members
- Learn proper costume care to share with team members
- Make and maintain a drill team calendar
- Create team database by entering all names/addresses/phone #'s on computer
- Learn to be perceptive and anticipate the needs of the team, officers and director
- Offer to make phone calls to team members to locate props, costumes, supplies
- Make a daily "To Do' list
- Sit down with director/officers once a week for 5 minutes to discuss their needs of you for the week
- Initiate activities instead of waiting to be asked
- Check out all costumes and props on paper noting date issued, returned and condition
- Keep up with all team medical forms in 'Rescue Bag'
- Make sure to check 'Rescue Bag' often in case you need to replace items
- Make a permanent "SMILE" sign for the gym for the team members to look up and see while practicing
- Start a perpetual fund-raising program for the managers (ex., cold drink machine in dressing room)
- Learn how to paint, glue gun, nail sew and mend props and costumes
- Learn to be a good listener as well as a good leader and a good follower
- Assist with director errands in and outside of school
- Know what to do in case of a medical emergency
- Run the sound system at practice
- Help with uniform inspections at performances
- Escort team members to the restroom at events