

APTS Officer Camp

2025 ROUTINE DESCRIPTIONS



Officer Camp Dance - Miriam Vera - “The World is Mine” by: Lady Bri - Time 2:13 - “The World is Mine” will showcase your dancers’ technical ability and movement qualities while mastering quick weight shifts, stylized choreography, and a variety of skills that will keep your dancers on their toes! This routine provides a variety of options for every level of dancer, including tilt kicks, illusion, cartwheel off the floor or leg extension to roll up, développé leap, calypso, allison “turning” leap, tilt jump or switch tilt jump, an à la seconde turning combination or pirouette combination, plus a surprise leap! Your officers will definitely feel challenged, but also empowered, while expressing themselves and claiming the dance floor!

Social Officer Dance - Alice Henrichsen - “Shine” by: Luther Vandross (Freemasons Remix) – Time 1:28 - It's time for your socials to shine bright on the stage in between planning their year and creating wonderful ideas for their team. This intermediate jazz will be fun to learn with technique so that all officers will be successful. Your audience will love this dance from a pep rally to the spring show!

Int Jazz - Julianna Cook - “Shake It Up” by: The Cars - Time 1:42 - This intermediate officer jazz is sure to entertain the crowd! This upbeat, sassy jazz will be fun to learn as well as perform! Your dancers are sure to “Shake it Up” with technical elements such as a double pirouette, straight leap, fan kick, and a press leap!

Int Pom - Kayla Bruner - “Girl Power Mix” by: Various Artists - Time 1:37 - This intermediate pom routine offers visual variety, levels, and technique that will highlight your dancers. They will feel challenged with the choreography but not overwhelmed. Technical skills include a pirouette, press leap, calypso, and a battement. The music selections are fun and make you want to get up and dance!

Int Hip Hop - Julia Lederman - “Cash In Cash Out” by: Various Artists - Time 1:35 - This groovy, sassy hip hop routine will showcase your dancers personality and talent with a mix of old and new songs. There are dynamic movements and style in this routine to challenge dancers while still being entertaining.

Int Contemporary - Miriam Vera - "Dream it Possible" by: Delacey - Time 1:36 - "Dream it Possible" is an uplifting beautiful contemporary representing perseverance and determination! It is the perfect piece for special performances, and even for contest season as a small ensemble or officer piece! This dance will challenge your dancers with quick weight shifts, a variety of skills, and quick formation changes. While it can be easily modified, be prepared to see various leaps, an à la seconde turning combination, and an illusion. We hope "Dream it Possible" will inspire your dancers as they push themselves technically, but most importantly while connecting to the lyrics, and expressing their emotions!

Int/Adv Jazz - Alexis DeLeon - "Post That"- by: Leikeli47 - Time 1:41 - "Post That" is a sassy intermediate/advanced jazz that is all about attitude and flair! This routine includes sharp, syncopated movements, playful isolations, and expressive facial expressions. Expect to see elements of floor work, kicks, turns, jumps, and walks, all set to this upbeat and energetic song. It's designed to be fun and have your dancers feeling confident and full of personality like they are strutting down a runway.

Int/Adv Stylized Jazz - Brittany Lassiter - "Ordinary" by: Alex Warren - Time 1:45 – This routine will challenge your dancer with movement, level changes, and direction changes. The choreography flirts with contemporary but has swift, placed jazz movements that will make this routine a dancer's favorite!

Int/Adv Pom - Brittany Lassiter - "Rihanna Mix" by: Rihanna - Time 1:39 - Your dancers will love this routine from start to finish! It offers a fun combination of pom technique with a hip hop flair that will keep your dancers energized and engaged while learning. The musicality, visual effects, and parts will engage your crowd and pull them into the performance!

Int/Adv Hip Hop - Morgan Birdsong - "What It Takes" by: Aaron Doyle - Time 1:29 - This upbeat, confident officer hip hop piece to Aaryn Doyle's "What It Takes" brings bold energy and dynamic execution to the floor. Packed with intermediate skills and variations in footwork, the routine challenges dancers with quick directional changes, strong oppositional movements, and intricate "and" count rhythms. The choreography blends musicality and attitude, encouraging performers to hit sharp accents while maintaining groove and control. Designed for intermediate to advanced levels, this piece highlights unity, swagger, and strength in every beat.

Int/Adv Lyrical - Itzayana Vera - "Don't Stop Believing" - Time 1:42 - This intermediate/advanced lyrical routine is designed to connect your officer group emotionally with the music. It allows dancers of varying skill levels to immerse themselves in the lyrics and movement. With dynamic formations, seamless transitions, and engaging partner work, this piece encourages unity and teamwork, ensuring a powerful and cohesive performance.

Int/Adv Kick - Haley Hockenberry - "Burning Love" by: Elvis Presley - Time 1:25 – Your officers will love this high-energy kick that will be a crowd favorite! The routine features a variety of kick sequences, intricate footwork, directional changes, and some fun jazzy sections. This kick will test

your dancers' stamina and performance ability while wowing the audience with a routine perfect for any performance!

Adv Jazz - Madison Ceurter - "Bad Romance" by: Lady Gaga - Time 1:30 - This stylized Jazz dance is full of strong, commanding, powerful movements that your dancers will love performing! The dance is full of leaps, turns, and many fierce elements! It will be a challenging, but rewarding dance that your officers will love! It will allow your dancers to find their inner Lady Gaga!

Adv Pom - Rachel Bowsher - "Make It Look Easy" by: DITA - Time 1:34 - "Make it Look Easy" will give your dancers the opportunity to work on their energy and expression of movements in this advanced pom. This dance is very fun and sassy and includes visuals, various arm patterns, and several leaps with options to accommodate dancers of all levels. This song is super upbeat and the movement is sure to bring the energy!

Adv Hip Hop - Ally Galitz - "Enough" by: Cardi B – Time: 1:39 – This fun and upbeat hip hop will for sure get the crowd on their feet! This routine is filled with quick movements, opposition, and a lot of energy! There are moments throughout the routine where each dancer can express their individuality in a confident way! This dance is perfect for pep rallies, basketball games, or any type of performance!

Adv Contemporary - Katey Guinn - "Cry Me A River" by: Justin Timberlake - Time 1:34 - "Cry Me A River" is an advanced contemporary routine that will challenge dancers to explore their individual style while maintaining strong technique. With a focus on movement quality and emotional depth, it invites each performer to bring their own voice to the choreography, blending precision with personal expression.

4 short pieces for Creative Choreography - Claudia Vera/Carolyn Thompson