

# APTS Officer Camp

## 2024 ROUTINE DESCRIPTIONS



**Officer Camp Dance - Miriam Vera - "Illusion" by: Dua Lipa - Time 1:43** - "Illusion" will showcase your dancers with stylized and precision jazz movements, various technical elements, and quick weight shifts that will keep your dancers on their toes! This jazz routine provides a variety of options for every level of dancer, including reverse fan kick, switch arabesque, double/triple pirouette turn, illusion, calypso, Russian/X-jump leap, surprise jump and an à la seconde turn combination! Your officers will definitely shine on the dance floor while having fun with the perfect challenge for all!

**Social Officer Dance - Alice Henrichsen - "Lighter" by: Galantis - Time 1:30** – It's time to put down the glitter and the poster boards and hit the dance floor with this intermediate routine! This fun upbeat song makes the perfect routine for your social officers to shine. "Lighter" has everything your socials need to feel successful with their performance at a pep rally, parent show or spring show!

**Int Jazz - Julianna Cook - "Shake the Room" by: Gamu - Time 1:41** - This upbeat, sassy, intermediate officer jazz is sure to entertain the crowd! It will be fun to learn as well as perform! Your dancers are sure to "Shake the Room" with technical elements such as a double pirouette, leap, fan kick, illusion (optional), and a press leap!

**Int Pom - Brittany Lassiter - "Can't Hold Us" by: Various Artists – Time 1:39** – This intermediate pom routine offers visual variety, levels, and technique that will highlight your dancers. They will feel challenged with the choreography but not overwhelmed. The music selections are fun and make you want to get up and dance!

**Int Hip Hop - Tasha Franklin - "Spaghettii" by: Beyonce – Time – 1:27** - Who doesn't like Beyonce? Everyone wants a crowd pleaser with music that will have them on their feet. This fun intermediate hip hop has parts, levels and current dance moves. "Spaghettii" will be great for pep rallies, basketball games or any special performances!

**Int Contemporary - Miriam Vera - "Come To An End" by: Nik Ammar - Time 1:58** - "Come to an End" is the perfect way to introduce your dancers to this genre of dance while still providing a technical challenge, and also focusing on their emotional connection with their peers and the audience! All technical elements can be easily modified to accommodate all dancers; some of the skills include a reverse fan kick, illusion, tilt kick, a variety of leaps, leg extension on the floor, and a tilt jump. This intermediate contemporary will inspire your dancers while connecting to their personal stories and expressing their emotions through the lyrics!

**Int/Adv Jazz - Lauren Longoria - "Looking At Me" by: Sabrina Carpenter - Time 1:27** – This stylized jazz was choreographed with your intermediate and advanced officers in mind! It has several skills that can be easily modified making it perfect for any officer group! This is a routine that they can feel confident performing while still feeling challenged. "Looking at Me" features technical skills including a chaîné Russian, surprise leap, fan kick, and turns in second. This show-stopping routine is sure to wow any audience!

**Int/Adv Stylized Jazz - Brittany Lassiter - “Look What You Made Me Do” by: Taylor Swift – Time 1:40** – Are you in your Dancer Era? This jazz is perfect for the intermediate to advanced dancer! This dance has opposition parts, levels, and plenty of sass to bring out your “inner Swiftie.” There are modifications throughout the routine so that no matter the level, each dancer will feel challenged and successful when they strike their final pose.

**Int/Adv Pom - Tasha Franklin - “Move!” by: Various Artists - Time – 1:20** - Looking for a fun pom that will get the crowd on the edge of their seat? This stylized and edgy pom is it! The variation of music changes in the song will keep the crowd engaged. This routine includes various turns and leaps as well as parts, levels and variations of movement quality that play off the music. This dance will be great for pep rallies, basketball games or any special performances!

**Int/Adv Hip Hop - Ema Osborne - “Like To MOVE It” by: Lecrae, 1K Phew - Time 1:29** - This groovy hip hop routine is filled with syncopated rhythm patterns and fun musical accents, not to mention its catchy tune. Featuring levels, quick footwork, both intermediate and advanced trick options, and choreography geared to push dancers to explore new movement quality and enhance their personality while dancing. “Like to MOVE It” will surely have your dancers and audience members movin’ & groovin’.

**Int/Adv Lyrical - Morgan Birdsong - “Bright” by: Echosmith - Time 1:31** - Indulge in this intermediate/advanced officer lyrical routine, inspired by the vibrant melody of Echosmith's 'Bright.' This dynamic choreography blends fluid movements with ripples, intricate body isolations, and captivating floor work. This routine ensures a mesmerizing performance that will illuminate the dance floor.

**Int/Adv Kick - Haley Hockenberry - “Fabulous” by: Empire Cast (feat. DMK) - Time 1:44** — Your officers will love this high-energy kick that will be a crowd favorite! The routine features a variety of kick sequences, intricate footwork, directional changes, and some fun jazzy sections. This kick will test your dancers’ stamina and performance ability while wowing the audience with a routine perfect for any performance!

**Adv Jazz - Madison Ceurter - “Run the World” by: Beyonce - Time 1:34** - This sassy and stylized jazz will have your dancers wanting to be back up dancers for Beyoncé! It will be a perfect way for your officers to work on their skills while also perfecting their style, facials, and musicality. This dance would be a crowd favorite at pep rallies, basketball games, spring show, or any performance!

**Adv Pom - Rachel Bowsher - “Choose Your Fighter” by: Power Music Workout - Time 1:32** - “Choose your fighter” will give your dancers the opportunity to work on their energy and expression of movements in this advanced Pom. This dance is very fun and sassy and includes visuals, various arm patterns, and several leaps with options to accommodate dancers of all levels. This song is super upbeat and the movement is sure to bring the energy!

**Adv Hip Hop - Ally Galitz - “Wanna Be” by: Megan Thee Stallion & Glo Rilla - Time 1:16** - This fun and upbeat hip hop will for sure get the crowd on their feet! This routine is filled with a lot of energy, groups, opposition, and parts throughout the routine where each dancer can express their individuality in a confident way! This dance is perfect for pep rallies, basketball games, or any type of performance!

**Adv Contemporary - Katey Guinn - “Praying” by: Kesha - Time 1:22** - “Praying ” is an advanced contemporary that challenges dancers to explore new movement quality and connection to their movement. This routine focuses on marrying movement quality and skills together to maximize your dancers’ ability to tell a story through contemporary dance.

**4 short pieces for Creative Choreography - Claudia Vera/Carolyn Thompson**