American ***** Dance ***** *******

Motivational Guidelines

I. TAKE CHARGE OF YOURSELF

- A. Keep organized
- B. Maintain a positive attitude
- C. Be punctual
- D. Prepare by practicing and improving your weak areas
- E. Keep your body physically fit
- F. Do not criticize others (leaders, directors, teammates)
- G. Show good school spirit

II. BE A 'TEAM PLAYER"

- A. Allow YOUR positive attitude to influence others
- B. Always be willing to contribute MORE than your share
- C. Squelch others who are negative
- D. Lead by example
- E. Offer help to others who might need it

III. SUPPORT AND RESPECT YOUR DIRECTOR/LEADERS

- A. The director is always right
- B. They always have to put in more time than others
- C. They will always have the team's best interest at heart
- D. Be willing to approach them with problems, suggestions and questions