



Leadership Do's and Don'ts

ORGANIZATION

Do's:

- * Have Set Rules
- * Plan Ahead

Don'ts:

- * Make exceptions to the rules
- * Wait until the last minute

COMMUNICATION

Do's:

- * Keep team informed
- * Have regular meetings with officers/directors

Don'ts:

- * Schedule surprise events/practices
- * Cancel meetings

UNIFORMS

Do's:

- * Respect school property & image
- * Have a dress rehearsal
- * Change uniform after performance
- * Consider costume choice (different body types)

Don'ts:

- * Eat, drink, or curse, etc. in or out of uniform
- * Experiment with new costumes at a performance
- * Wear uniforms inappropriately
- * Forget all girls do not have perfect shapes

ATTITUDE

Do's:

- * Be positive
- * Show respect

Don'ts:

- * Be negative
- * Be disrespectful

ROUTINE

Do's:

- * Select music first
- * Consider ability level of team
- * Include line & formation changes
- * Include change of pace, level variety
- * Correct errors as you see them
- * Develop you own team style

Don'ts:

- * Make the routine too difficult
- * Select the inappropriate music for a routine
- * Stay in one formation the entire routine
- * Include moves that are not lady-like
- * Practice mistakes
- * Be intimidated by another team

PRACTICE

Do's:

- * Warm-up and stretch before each rehearsal or performance
- * Start and finish on time
- * Plan your rehearsal/get organized
- * Wear appropriate practice clothes
- * Practice sportsmanship

Don'ts:

- * Get injured because you didn't warm up
- * Delay rehearsal for a few late members
- * Wait until practice to decide what to do
- * Waste valuable time
- * Wait to add that something special
- * Wear the wrong practice gear

PERFORMANCE

Do's:

- * Wear appropriate makeup
- * Encourage parents and friends to attend performances
- * Get plenty of rest

Don'ts:

- * Be a pale face
- * Exclude your best supporters
- * Stay up late the night before a performance
- * Do anything to bring embarrassment to the team