

Critiquing and Analyzing Movement



I. Breaking Down Body Parts

A. Footwork

1. Foot Closures
2. Turn Out/Parallel
3. Toe Points/Flexes
4. Releve ' /Flat
5. Foot Placement

B. Leg Positions

1. Extension
2. Direction
3. Levels

C. Arms and Hands

1. Extension
2. Levels
3. Position
4. Expressiveness

D. Body Placement and Balance

1. Carriage
2. Posture
3. Body Alignment
4. Energy

E. Focus

1. Head Snaps
2. Head Tilts
3. Lift
4. Position/Expression

II. Projection and Appearance

A. Smile

1. Face/Eyes
2. Expression
3. Naturalness

B. Body Energy

1. Expressiveness
2. Consistency

C. Carriage

1. Posture
2. Head Lift
3. Body Alignment
4. Inner Tension

D. Poise and Confidence

1. Memory Work
2. Recovery

E. Focus

1. Head Snaps
2. Head Tilts
3. Lift
4. Position/Expression

E. Grooming

1. Hair
2. Make-Up
3. Clean/Neat Appearance
4. Physically fit