2025 American Contests



Studio/All Star Groups (age as of 8/31):

- MASCOT (6 and under)
- ELEMENTARY (7-9 years old)
- INTERMEDIATE (10-12 years old)
- JUNIOR (13-15 years old)
- SENIOR (16-18 years old)

High School Teams (number based on school roster, excluding managers):

- JUNIOR HIGH/MIDDLE SCHOOL (6th-9th)
- JUNIOR VARSITY/PEP SQUAD (any size)
- CLASSIC DIVISION (click here for more info)
- EXTRA SMALL (4-15 members)
- SMALL TEAM (16-25 members)
- MEDIUM TEAM (26-35 members)
- LARGE TEAM (36-45 members)

- SUPER TEAM (46+ members)
- ELITE (small specialized portion of team)
- COLLEGE (Must be active on college team)

*If there are at least three high school teams of 60+, we will add another Super XL Division.

*If there are less than 3 teams in a division at a contest, we may combine certain divisions.

2025 Contest Fees

Regionals Contest Fees for 2025

Team Events: \$330 • Officer Events: \$295

Solos: \$120 • Duets: \$200

Sm Ens: \$220 • Med Ens: \$240 • Lg Ens: \$260 Elite Groups: \$330 • Show Production: \$400

Nationals Contest Fees for 2024

Team Events: \$390 • Officer Events: \$345

Solos: \$140 • Duets: \$220

Sm Ens: \$240 • Med Ens: \$260 • Lg Ens: \$280

Elite Groups: \$390 • Show Production: \$400 • International: \$450

Collegiate Teams: \$400

INDIVIDUAL SOLOS: \$145 (Regionals) • \$175 (Nationals) INDIVIDUAL DUETS: \$210 (Regionals) • \$240 (Nationals)

We will NOT charge any per dancer participation fees; all spectator admission fees are frozen from 2024

\$100 New Client Discount – If your team has not attended an ADTS contest in 3 or more years, you are eligible for our \$100 New Client Discount! Please enter promo code ADTS_New25 during online registration. Please note the discount is not automatic, but will be reflected on the invoice from our Account Manager.

Need to pay online using a credit card? If using PayPal/Credit Card to pay your contest registration fees, transactions will be subject to an additional 3.5% convenience fee.