

# American Inspiration

## Thoughts for today and every day . . .



✓“Dancing faces you towards Heaven, whichever direction you turn.” Sweetpea Tyler

✓“To watch us dance is to hear our hearts speak.” Indian Proverb

✓“In life as in dance: Grace glides on blistered feet.” Alice Abrams

✓“Dancing can reveal all the mystery that music conceals.” Charles Baudelaire



## American Update

We just completed an amazing final weekend of competition season with our American Dance/Drill Team Nationals and American Collegiate Championship at the University of North Texas in Denton. There were over 3,000 dancers and over 8,000 spectators at this event and there were over 48,000 views on the Live Broadcast on our web site! Congratulations to all of you as winners!

We are planning great things for summer camps and will have more info on our web site in the coming weeks. Keep in mind that we offer several different venues and dates for our Officer and Social Officer camps as well as multiple locations for Team Camps that offer feature routines as well as custom routines at some locations. Many locations will fill quickly before school is out so make sure to pre-register online to hold your team's space! [DanceADTS.com](http://DanceADTS.com)



## Inspiration of the Week

### A Few Things I've Learned

**I've learned . . .**

That you shouldn't compare yourself to the best others can do, but to the best YOU can do.

**I've learned . . .**

That it's not what happens to us that's important. It's what we do about it.

**I've learned . . .**

That you should always leave loved ones with loving words. It may be the last time you see them.

**I've learned . . .**

That you can keep going long after you think you can't.

**I've learned . . .**

That we are responsible for what we do, no matter how we feel.

**I've learned . . .**

That either you control your attitude or it controls you.

**I've learned . . .**

That learning to forgive takes practice.

**I've learned . . .**

That true friendship continues to grow, even over the longest distance.

**I've learned . . .**

That no matter the consequences, those who are honest with themselves go further in life.

**I've learned . . .**

That your life can be changed in a matter of seconds by people who don't even know you.

This weekly message is generated from:

*Joyce Pennington, Pres. CEO*



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**“When God closes a door, He opens a window.”**



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