

# American Inspiration

## Thoughts for today and every day . . .



✓“To learn to dance by practicing dancing or to learn to live by practicing living, the principles are the same.” Martha Graham

✓“When you stumble, make it part of the dance.” Author unknown

✓“Nothing happens in the body without happening in the brain first...dancing is 95% mental.” Bobby Bowling

✓“Movement without meaning is just exercise.” Marie Brooks



## American Update

We are heading to Houston today for the Texas Dance Educators Association convention at the Houston Marriott Hotel. Can't wait to see over 500 dance team directors and administrators as well as the Texas All State Dance Team members! Safe travels! Come by our booth and sign up to win a Jawbone Big Jambox Bluetooth speaker!

Following the TDEA convention, we are sponsoring a Rangerette Revelations where dancers can learn directly from the directors and officers of the World Famous Kilgore Rangerettes! It will take place at the Marriott Westchase on Saturday beginning at 12:30pm. See our web site for more information.

Contest season will kick off next week with our first competition, the Kansas Spectacular! Make sure you have chosen one of our regional, state or national competitions for your team! Visit us at [DanceADTS.com/contests.htm](http://DanceADTS.com/contests.htm)



## Inspiration of the Week

### Important Rules for Young People

Rule 1: Life is not fair – get used to it!  
Rule 2: The world won't care about your self-esteem. The world will expect you to accomplish something BEFORE you feel good about yourself.

Rule 3: You will NOT make \$60,000 a year right out of high school. You won't be a vice-president with a cell phone until you earn both.

Rule 4: If you think your teacher is tough, wait till you get a boss.

Rule 5: Flipping burgers is not beneath your dignity. Your Grandparents had a different word for burger flipping: they called it opportunity.

Rule 6: If you mess up, it's not your parents' fault, so don't whine about your mistakes; learn from them.

Rule 7: Before you were born, your parents weren't as boring as they are now. They got that way from paying your bills, cleaning your clothes and listening to you talk about how cool you thought you were. So before you save the rain forest from the parasites of your parent's generation, try delousing the closet in your own room.

Rule 8: Your school may have done away with winners and losers, but life HAS NOT. In some schools, they have abolished failing grades and they'll give you as MANY TIMES as you want to get the right answer. This doesn't bear the slightest resemblance to ANYTHING in real life.

Rule 9: Life is not divided into semesters. You don't get summers off and very few employers are interested in helping you FIND YOURSELF. Do that on your own time.

Rule 10: Television is NOT real life. In real life people actually have to leave the coffee shop and go to jobs.

Rule 11: Be nice to nerds. Chances are you'll end up working for one.

This weekly message is generated from:

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 American ★★★★★  
Dance/Drill Team ★★  
★★★★★

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