

American Inspiration

Thoughts for today and every day . . .



✓“Happiness is an attitude. We either make ourselves miserable, or happy and strong. The amount of work is the same.” Francesca Reigler

✓“Open your heart, and you will be amazed at the transformations taking place all around you.” Ed Bacon

✓“Heed the still, small voice that so seldom leads us wrong and never into folly.” Marie Anne De Vichy-Chamrond

✓“The nice thing about teamwork is that you always have others on your side.” Margaret Carty



American Update

We are headed into our second week of competitions and head to Houston and to South Padre Island. Schedules are posted and watch for the results to be posted immediately following the awards ceremonies!

We have a great one day dance workshop this Saturday at Duncanville HS in the DFW area that will feature 4 of our great staff teaching 8 new and innovative routines. We will also feature Gino Johnson, incredible hip hop choreographer that has choreographed for thousands of dance teams around the country! Go to our web site and line to One Day Dance Intensives. Also, there will be a Rangerette Revelations, featuring the director and choreographer of the Kilgore Rangerettes and Rangerette officers held at Kilgore College Rangerette Gym on Saturday, February 2nd. See more information on the One Day Dance Intensive page on our web site: www.DanceADTS.com



Inspiration of the Week

EVERY WINNER HAS SCARS

Your life is made up of a series of experiences.
Each one will make you stronger,
even though sometimes it will be hard for you to realize it.
Life is your classroom in which you are being tested, tried, and passed.
Always try to stay in the midst of life and activity.

Don't isolate yourself from the action.
Be among people and things, among troubles, difficulties and obstacles.
Your character develops itself in the stream of life.
Life expects you to make progress in reasonable time.
That's why they make those grade school chairs so small.
Learn quickly that the setbacks and grief's you endure
actually help you in your march forward to success.
The world was built to develop your character.

- Unknown

This weekly message is generated from:

Joyce Pennington, Pres. CEO

American ★★★★★
Dance/Drill Team ★★
★★★★★★★★★★

Celebrating over 50 years

Established in 1958

800/462-5719 www.DanceADTS.com



Visit us on [Facebook.com/AmericanDanceDrillTeam](https://www.facebook.com/AmericanDanceDrillTeam)

*To be removed from the weekly American Inspiration (sent each Wednesday during the school year), simply reply to this e-mail with **Remove** in the subject line. To see past weekly inspirational messages, go to this page and link to archives page on The Line Online page on our web site.*