

American Inspiration

Thoughts for today and every day . . .



√“Keeping a commitment or promise is a major deposit into the *Emotional Bank Account*; breaking one is a major withdrawal.” Stephen Covey

√“When it gets right down to the wood-chopping, the key to winning is confidence.” Darrell Royal

√“I have memories—but only a fool stores his past in the future.” David Gerrold

√“Ideals are like stars; you will not succeed in touching them with your hands. But, like the seafaring man on the desert of waters, you choose them as your guides, and following them you will reach your destiny.” Carl Schurz



American Update

Starting with their inaugural New York City performance in 1927, the Radio City Rockettes have wowed audiences for the last 85 years. They are the epitome of teamwork and the embodiment of the belief that ‘together we’re better.’ To help celebrate this milestone of 85 years, *National Dance Week Foundation* is proud to present the *Kick It Challenge!* NDW would like for each dance team across the country to perform their own style of kick line, create a video, post on YouTube where it will be linked both to National Dance Week and Rockettes web sites. Winners will be chosen from various categories. Performances take place the month of November and videos submitted by December 1st. For more information, visit our web site and see the link on our main page. (DanceADTS.com)



Inspiration of the Week

Leadership Inside—Then Out

By John C. Maxwell from the *Maxwell Leadership Bible*

The first person to lead is you—and you can’t lead effectively without self-discipline. If only some groups had remembered this lesson. The real reason that some groups fail is that it boils down to

preparation. Many groups do not go the extra mile to prepare themselves properly for a task, performance or journey.

How about you? How is your self-discipline? Plato said, "The first and best victory is to conquer self." If you want to be a leader with self-discipline, follow these action points:

1. Develop and follow your priorities.
2. Make a disciplined lifestyle your goal.
3. Challenge your excuses.
4. Remove rewards until you finish the job.
5. Stay focused on results.

Never trade what you want for the moment for what you want most in the end.

This weekly message is generated from:

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American ★★★★★
Dance/Drill Team ★★
★★★★★★★★★★

Celebrating over 50 years

Established in 1958

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