

American Inspiration

Thoughts for today and every day . . .



✓“Great minds discuss ideas, average minds discuss events, small minds discuss people.” Hyman G. Rickover

✓“When one is a stranger to oneself, then one is estranged from others, too. If one is out of touch with oneself, then one cannot touch others.” Anne Morrow Lindbergh

✓“The most successful people are those who are good at Plan B.” James Yorke

✓“One sign of maturity is the ability to be comfortable with people who are not like us.” Virgil A. Kraft



American Update

This weekend is our 2012 American Dance Nationals and National Collegiate Championship at the University of North Texas. Make sure to visit our web site and watch all of the events live on our web site as we will broadcast from all three performance locations. Download a schedule and follow the events live! (www.DanceADTS.com)

Today we linked the 2012 Summer Camp brochure to our web site. Download a copy and review dates and locations that may be in your area. If we do not offer a managed camp in your area, or if you want to save the expense of traveling to camp, let us make a bid on a Private Camp for your team. You will find the most economical prices, top professional staff, and the chance to pre-select the dances from our Visual Note DVD of 40+ dances. At our summer camps, outstanding teams and individuals can earn an invitation to perform at the Macy's Thanksgiving Day Parade™ or the Capital One Bowl halftime!



Inspiration of the Week

Everybody Has Two Choices in Life

From “Bits and Pieces” March 2012

Jerry was always in a good mood and always had something positive to say. Anytime someone asked him how he was, he responded with something upbeat.

One day, someone asked Jerry how he could be so positive all the time. "Each morning when I wake up," replied Jerry, "I tell myself I have two choices. I can choose to be in a good mood, or I can choose to be in a bad mood. I always choose to be in a good mood. And every time something bad happens, you can choose to be a victim, or you can choose to learn from the experience. And, finally, every time someone comes to me with a complaint, I can choose to accept their complaining, or I can point out the positive side of life. I always choose to point out the positive side of life."

The person had a hard time believing it was that easy—that just by 'deciding' to do so, you could always have a positive attitude.

"It is that easy," insisted Jerry. "Life is all about choices. When you cut away all the junk, every situation is a choice. You choose how you react to situations. You choose how people will affect your mood. You choose to be in a good mood or a bad mood. The bottom line: It's your choice how you live life."

One day, two robbers broke into a restaurant where Jerry worked and shot him. An employee rushed Jerry to the local hospital, and after 18 hours of surgery, he miraculously survived.

When an employee asked him about the incident, Jerry had this to say:

"As I lay there bleeding, I remembered that I had two choices: I could choose to live, or I could choose to die. When the paramedics wheeled me into the emergency room, I saw the expressions on the faces of these doctors and nurses, and, for the first time, I was scared. Their eyes were telling me they thought I was a dead man. One of the nurses was shouting at me, asking me if I was allergic to anything. "Yes," I replied. "Bullets." Over their laughter, I told them I had already chosen to live and that I wanted them to operate on me as if I were alive, not dead"

Attitude, after all, is everything.

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