

# American Inspiration

## Thoughts for today and every day . . .



✓“Things may come to those who wait, but only what’s left from those who hustle.” Abraham Lincoln

✓“Let how you live your life stand for something, no matter how small and incidental it may seem.” Jodie Foster

✓“Compassion is what makes our lives meaningful. It is the source of all lasting happiness and joy. And, it is the foundation of a good heart, the heart of one who acts out of a desire to help others. Through kindness, through affection, through honesty, through truth and justice toward all others we ensure our own benefit.” Dalai Lama

✓“A friend is one soul in two bodies.” Turkish Proverb



## American Update

Fall is in the air and everyone is more than halfway through football season. Don't forget to plan ahead for 2013 and visit our web site for Contest, Camp and One Day dates and locations.

Plan to send your dancers to one of our One Day Dance Intensives. There will be two different dates and locations this year for the Rangerette Revelations, sponsored by American Dance/Drill Team, and benefitting the Rangerette scholarships and Rangerette Revels. See the special page for Rangerette Revelations on our web site. [www.DanceADTS.com/onedays.htm](http://www.DanceADTS.com/onedays.htm)



## Inspiration of the Week

### Forgiving

By Gordon B. Hinckley

The willingness to forgive is a sign of spiritual and emotional maturity. It is one of the great virtues to which we all should aspire. Imagine a world filled with individuals willing both to apologize and to accept an apology. Is there any problem that could not be solved among people who possessed the humility and largeness of the spirit and soul to do either—or both—when needed?

This weekly message is generated from:

*Joyce Pennington, Pres. CEO*

**American ★★★★★**  
**Dance/Drill Team ★★**  
**★★★★★★★★★**

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