

American Inspiration

Thoughts for today and every day . . .



√“Life is a glass given to us to fill; a busy life is filling it with as much as it can hold; a hurried life has had more poured into it than it can contain.” William Adam Brown

√“Faults are thick where love is thin.” James Howell

√“Difficulties are meant to rouse, not to discourage. The human spirit is to grow strong by conflict.” William Ellery Channing

√“Education is something more than the acquisition of facts. Education is the power of love of thinking.” Bernard Revel



American Update

There are lots of ‘early birds’ that are already registering for our 2012 American Contests. Many directors are taking advantage of getting a 10% discount on all contest fees that are registered and paid by December 1st. If you are a dance team director and needing a login and password to register, simply reply with your request to this email. For more information about our **2012 American Contests**, visit us at DanceADTS.com.

National Breast Cancer Awareness Month (October) is an annual international health campaign organized by major breast cancer charities every October to increase awareness of the disease and to raise funds for research into its cause, prevention and cure. The campaign also offers information and support to those affected by breast cancer. As well as providing a platform for breast cancer charities to raise awareness of their work and of the disease, BCAM is also a prime opportunity to remind women to be breast aware for earlier detection. Make sure to plan a project with your team to promote breast cancer awareness in your school and community.



Inspiration of the Week

It’s Never Too Late to Follow Your Dreams

Ever thought of becoming a doctor when you were younger, only to find yourself sidetracked into some other profession? What about those political aspirations or secret desires to be a famous painter? Well, don’t give up thinking about it yet. During the last century, not only has life expectancy increased by 30 years, but also more people are seeing their later years as a new beginning –not an ending. Next time you need a bit of inspiration in either your job or your personal life, consider what these notable ‘late bloomers’ achieved:

- John Glenn Traveled in space for the first time at age 40 and then again at age 77.
- Helen Gurley Brown became editor-in-chief of *Cosmopolitan* magazine in 1965 at age 43 and is credited with increasing its circulation from 800,000 to 2.5 million; she held her post until 1997, when she moved on to become editor-in-chief of Cosmo's worldwide publishing program.
- Ray Kroc started McDonald's at age 52.
- Marian Anderson became the first African-American singer to be signed by the Metropolitan Opera House in New York City, making her debut there in 1955 at age 53.
- Mary Baker Eddy founded the Church of Christ, Scientist, at age 58 and began publishing the *Christian Science Monitor* when she was 88.
- Laura Ingalls Wilder published the first of her eight *Little House* books at age 65, and she continued writing them into her 70's.
- Frank Lloyd Wright, whose career was largely thought to be over in the 1930's when he as in his 60's, went on to design New York City's Guggenheim Museum, which opened just after his death at age 91.
- Sam Gadless of Florida ran the New York City Marathon in 1998 at age 91.

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