

American Inspiration

Thoughts for today and every day . . .



✓“The proof that you know something is that you are able to teach it.” Aristotle

✓“I must not fear. Fear is the mind-killer. Fear is the little death that brings total obliteration. I will face my fear. I will permit it to pass over me and through me. And, when it has gone past, I will turn the inner eye to see its path. Where the fear has gone, there will be nothing. Online I will remain.” Frank Herbert

✓“You’ve got to be in a position for luck to happen. Luck doesn’t go around looking for stumblebum.” Darrell Royal (former football coach for the University of Texas)

✓“Experience tells you what to do; confidence allows you to do it.” Stan Smith



American Update

This week we are grateful to so many individuals and companies that reached out to help those dance teams affected by the terrible fires here in Texas and those thousands of families who lost everything. It takes a great deal of heart and altruism to reach out and give when others have lost. We will continue to pray that each of the families who have suffered from the losses will be lifted up in every way and will be able to move forward to a brighter day ahead. We all continue to pray for rain in our area as well and thank everyone for those offerings of thoughts and prayers.

This week we wrap up our second Facebook promotion for teams to post their team photo and have their fans ‘Like’ the photo on our American Dance/Drill Team page. Make sure to jump on and ‘Like’ our page and your favorite team! The top three teams will receive ‘grants’ to apply to their 2012 American Contest fees. To download a preview of our 2012 Contest Brochure, go to our American web site at www.DanceADTS.com/contests.htm.



Inspiration of the Week

Move Those Roadblocks Aside

Adapted from “New Age” magazine

The following is a list of things successful people **didn’t do** on their quest to achieve their goals:

- **They didn’t try to do it alone.** Whether they sought the support of friends and family or reached for some kind of spiritual guidance, successful people always have a long list of people they credit for their

achievements. Recognize first that you will need help in achieving your goals. Next, simply ask for it.

- ***They didn't wait for the 'right time' to get started.*** They didn't say, "Oh, when the kids get a little older," or "As soon as I . . ." Successful people had the fortitude to risk feeling foolish and to learn along the way.
- ***They didn't think it would be all fun and fulfillment.*** Hey, going after your aspirations involves a lot of hard work. Nothing in life is always pleasurable, even the pursuit of your dreams. Successful people never thought that when the going got tough, it was a sign that they were following the wrong path.
- ***They did not let their fears get the best of them.*** Who doesn't go through periods of deep doubt? It's no different for achievers. The difference, however, is that they didn't give their fears much time or credence. Fears were no reason to stop. And, the biggest fear was that they wouldn't do the things they set out to do—and would die regretting it.
- ***They didn't doubt the progress they made.*** You only set yourself up for disappointment when you try to compare yourself to someone who is pursuing a similar dream. Successful people admired those who succeeded before them, but they honored their unique perspective and their unique way of going about reaching their goals.
- ***They didn't really see failure as a failure.*** It was simply where their pursuit was taking them next. A failure was an unexpected result what would and did lead them into a new realm of possibilities. They stayed open.
- ***They never forgot that they had a gift to give.*** Pursuing your dreams is not a test in which you must prove yourself. Instead, pursuing your dreams is your personal contribution to life on Earth. Achievers understand that the fulfillment of their dreams isn't just a selfish pursuit, but one that may benefit countless others.

This weekly message is generated from:

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