

American Inspiration

Thoughts for today and every day . . .

“We’re all in the same boat now, and we’ve got to learn to work together.”
Dorothy Height



“Friendship consists in forgetting what one gives and remember what one receives.” Alexandre Dumas



“In every winter’s heart lies a quivering spring, and behind the veil of each night waits a smiling dawn.” Kahlil Gibran



“In actual life, every great enterprise begins with and takes its first forward step in faith.” August Wilhelm Von Schlegel

American Update



We just finished a fabulous weekend with our Summer Dance Staff here in Salado and they brought the most amazing choreography! We recorded the performance and ‘walk through’ of all the dances and the 2011 Visual Notes DVD is being edited and produced as I write to you. You can see a complete list of the dances, along with the notes to the dances on our [Summer Camp Page](#) on our web site.



We have just launched a special promotion on our **American Dance/Drill Team Facebook** page. We are asking teams to post their team photo and encourage fans to “Like” the photo on our page. The team with the most “Likes” by August 1st will receive \$300 towards American contest fees; 2nd place receives \$200 towards American contest fees; 3rd place \$100 towards American contest fees. Make sure to visit our [Facebook Page](#) and get your team posted!

Inspiration of the Week

Change Begins With Choice

by Jim Rohn

Any day we wish; we can discipline ourselves to change it all. Any day we wish; we can open the book that will open our mind to new knowledge. Any day we wish; we can start a new activity. Any day we wish; we can start the process of life change. We can do it immediately, or next week, or next month, or next year.

We can also do nothing. We can pretend rather than perform. And if the idea of having to change ourselves makes us uncomfortable, we can remain as we are. We can choose rest over labor, entertainment over education, delusion over truth, and doubt over confidence. The choices are ours to make. But while we curse the effect, we continue to nourish the cause. As Shakespeare uniquely observed, "The fault is not in the stars, but in ourselves." We created our circumstances by our past choices. We have both the ability and the responsibility to make better choices beginning today. Those who are in search of the good life do not need more answers or more time to think things over to reach better conclusions. They need the truth. They need the whole truth. And they need nothing but the truth.

We cannot allow our errors in judgment, repeated every day, to lead us down the wrong path. We must keep coming back to those basics that make the biggest difference in how our life works out. And then we must make the very choices that will bring life, happiness and joy into our daily lives.

And if I may be so bold to offer my last piece of advice for someone seeking and needing to make changes in their life - If you don't like how things are, change it! You're not a tree. You have the ability to totally transform every area in your life - and it all begins with your very own power of choice.

This weekly message is generated from:

Joyce Pennington, Pres. CEO

American ★★★★★
Dance/Drill Team ★★
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