

American Inspiration

Thoughts for today and every day . . .

“Honesty is the first chapter in the book of wisdom.” Thomas Jefferson



“The joy of the heart makes the face merry.” English proverb



“What is the recipe for successful achievement? To my mind, there are just four essential ingredients: Choose a career you love...Give it the best there is in you...Seize your opportunities...and Be a member of the team.”

Benjamin F. Fairless



“A happy person is not a person in a certain set of circumstances, but rather a person with a certain set of attitudes.” Hugh Downs

American Update



Registrations are pouring in for **Summer Camps** including Officer Camps, Social Officer Camps and Team Camps. We have currently over 50 private camps booked for teams to hold a camp at their own facilities. Make sure to learn more about our fabulous summer camps that include a Free Visual Notes DVD of routines, on our web site at www.DanceADTS.com.

For those of you that are holding tryouts in the coming weeks, make sure to visit our **Education Support** page on our web site that has over 100 helpful articles for all aspects of your team. See sample scoresheets, sample constitutions, manager applications, etc. Visit our web site and link to the Education Support page.

Inspiration of the Week

THINGS I WISH I'D KNOWN BEFORE I WENT OUT IN THE REAL WORLD

- Any and all compliments can be handled by simply saying "thank you" though it helps if you say it with a Southern accent.
- Some people are working backstage, some are playing in the orchestra, some are onstage singing, some are in the audience as critics, and some are there to applaud. Know who and where you are.

- Never give yourself a haircut after three hours of drill team practice.
- When baking, follow directions. When cooking, go by your own taste.
- Never continue dating anyone who is rude to the waiter.
- A woman needs only two tools. WD-40 and duct tape. If it doesn't move and it should, use WD-40. If it moves and shouldn't, use the tape.
- If you tell a lie, don't believe it deceives only the other person.
- The five most essential words for a healthy, vital relationship: "I apologize" and "You are right".
- Everyone seems normal until you get to know them.
- When you make a mistake, make amends immediately. It's easier to eat crow while it's still warm.
- The only really good advice that I remember my mother ever gave me was "Go! You might meet somebody!"
- If he says that you are too good for him--believe it.
- I've learned to pick my battles; I ask myself, "Will this matter one year from now? How about one month? One week? One day?"
- At hard times I ask myself, "How do I feel? What do I want?" I use it whenever I'm at loss for words or thoughts.
- If you woke up breathing, congratulations! You have another chance!
- Never pass up a restroom without taking advantage to use it.
- If you move far from your family when you're young, consider choosing a career with an airline. Your need to see your family will last a lifetime, as will your travel benefits.
- Living well really is the best revenge. Being miserable because of a bad or former relationship just proves that the other person was right about you.
- Be really nice to your friends because you never know when you are going to need them to empty your bed urinal and hold your hand.
- Never underestimate the kindness of your fellow man.
- Being happy doesn't mean everything's perfect, it just means you've decided to see beyond the imperfection.

This weekly message is generated from:

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