

American Inspiration

Thoughts for today and every day . . .



√“Knowledge comes, but wisdom lingers.” Alfred Tennyson (“Locksley Hall”)

√“Dignity is not negotiable.” Vartan Gregorian

√“Use your wit as a shield, not as a dagger.” American Proverb

√“Truth is such a rare thing, it is delightful to tell it.” Emily Dickinson



American Update

Well, it appears that true fall weather has arrived. Some would say the weather skipped fall and went right into winter with the snowfall that hit so much of the country this past weekend. Most high schools will finish their ‘regular season’ football this weekend and many will head into play-offs. Time to ‘recycle’ some of the fantastic routines from early in the season with a new prop or different color poms to present a fresh halftime show!

Many teams are registering early for 2012 competitions and taking advantage of the special 10% discount on all contest fees. That can be a great savings for those teams with lots of events and saved money that can go towards travel, costumes and other expenses. Make sure to [visit our web](#) site and see the many contest dates and locations with some at special destinations. You will find one or more contests that will fit your team’s needs! You can access schedules and results from 2011 contests to give you an idea of what to expect. Check out the video slide show that shows highlights from this past season.

Questions? Simply reply to this email and you will receive a response right away!



Inspiration of the Week

Are You a Whole Person?

John C. Maxwell author of “Leadership: Promises for every day”

A person with integrity does not have divided loyalties (that’s duplicity), nor is he or she merely pretending (that’s hypocrisy). People with integrity are ‘whole’ people; they can be identified by their single-mindedness. People with integrity have nothing to hide and nothing to fear. Their lives are open books. V. Gilbert Beers says, “A person of integrity is one who has established a system of values against which all of life is judged.”

Integrity is not what we do, so much as who we are. And who we are, in turn, determines what we do.

We are all faced with conflicting desires. No one, no matter how 'spiritual,' can avoid this battle. Integrity is the factor that determines which desire will prevail. We struggle daily with situations that demand decisions between what we want to do and what we ought to do. Integrity establishes the ground rules for resolving these tensions. It allows us to predetermine what we will be regardless of circumstances, persons involved, or the places of our testing. It frees us to be whole persons no matter what comes our way.

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