

American Inspiration

Thoughts for today and every day . . .



✓“Subtlety may deceive you: integrity never will.” Oliver Cromwell

✓“Sincerity is the foundation of the spiritual life.” Albert Schweitzer

✓“The difficult part in an argument is not to defend one’s opinion, but rather to know it.”
Andre Marois

✓“He who wants to move mountains starts by carrying away small stones.” Author Unknown



American Update

We are so excited to see photos and hear stories about the success of many teams sponsoring a “Pink Out” night at their football games to raise awareness of breast cancer. Since so many pro athletes have joined the “Pink Out” awareness with pink accessories for the NFL players, pro golfers, rodeo pros, and other groups, it has certainly generated lots of additional interest. We want you to post your photos of your teams on our **American Dance/Drill Team** Facebook page. We love seeing the success of this important movement to raise more awareness and the search for a cure to breast cancer.



Inspiration of the Week

Like a Rock

John C. Maxwell author of “The 17 Essential Qualities of a Team Player”

Dependability is important to every team’s success. Everyone on the team knows upon whom they can and can’t depend. Allow me to give you what I consider to be the essence of dependability:

- **Pure motives:** If someone on the team continually puts themselves and their agenda ahead of what’s best for the team, they have proven themselves to be undependable. When it comes to teamwork, motives matter.
- **Responsibility:** While motivation addresses why people are dependable, responsibility indicates that they *want* to be dependable.
- **Sound thinking:** Dependability means more than just wanting to take responsibility. That desire must also be coupled with good judgment to be of real value to the team.
- **Consistent contribution:** The final quality of a dependable team player is consistency. If you can’t

depend on teammates all the time, then you can't really depend on them any of the time. Consistency takes a depth of character that enables people to follow through no matter how tired, distracted, or overwhelmed they are.

This weekly message is generated from:

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