

American Inspiration

Thoughts for today and every day . . .



✓“When we don’t waste time, we always have enough of it.” Jean Drapeau

✓“As you walk down the fairway of life, you must smell the roses, for you only get to play one round.” Ben Hogan

✓“It is not what you give your friend, but what you are willing to give them, that determines the quality of your friendship.” Mary Dixon Thayer

✓“No one cares how much you know, until they know how much you care.” Don Swartz



American Update

Hurrah! Cooler weather has finally arrived! We thought it would never get here but it is finally feeling like true fall. With more than half of football season already passed, many teams are starting to think about their contest choreography, costumes, music and more. It is a time to ‘shift gears’ into a completely different dance mode. We already have over 100 teams that have already registered for our 2012 Contest Season and our 2012 Competition brochures were mailed this week to directors. To view the brochure, visit our web site and download it in a PDF format.

We are especially excited to welcome back our college dance teams to our American Collegiate Championship, held in conjunction with our American Dance/Drill Team Nationals in March. Last year we had 23 college dance teams that competed and offered recruiting information to the high school dancers. Teams were also able to see the Dallas Mavericks Dancers, Dallas Cowboys Cheerleaders and teams from Japan. Learn more about the **American Collegiate Championship** and **American Dance/Drill Team Nationals** on our web site at www.DanceADTS.com.



Inspiration of the Week

The Only Thing We Have to Fear . . .

By Douglas T. Webb

When you’re asked to tackle an unfamiliar task, do you sometimes hear the “Jaws” soundtrack playing in the back of your mind? The distinctive music from the 1970’s shark thriller has become synonymous with the idea of utter terror and impending doom. But the fear of wading into the deep end is often unfounded, as one South African marine biologist proved with the great white sharks themselves.

The biologist theorized that sharks are actually attracted to fear, which creates something of a self-fulfilling prophecy. And, he decided to prove his point by swimming in open water—without protection—alongside several great white sharks. Because he didn't allow fear to hold him back, the biologist survived more than 30 up-close encounters with the terrors of the deep and proved what President Franklin Delano Roosevelt said long ago: The only thing we have to fear is fear itself.”

This weekly message is generated from:

Joyce Pennington, Pres. CEO

The logo for the American Dance/Drill Team features three horizontal red bars. The top bar is above the word "American" followed by five blue stars. The middle bar is above the words "Dance/Drill Team" followed by three blue stars. The bottom bar is above a row of ten blue stars.

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