



# American Inspiration

Thoughts for today and every day . . .

“The achievement of excellence requires great effort, much planning, and even more time. Bust in the long run, mediocrity costs more, drains your energy and wastes even more time than it takes to do things right.” Norman Lamm



“The first step to finding something is knowing where to look.”  
Robert Half



“Opportunity dances with those who are already on the dance floor.” H. Jackson Brown Jr.



“Character builds slowly, but it can be torn down with incredible swiftness.” Faith Baldwin

## American Update

Dance Directors, remember the United Dance Merchants Association will be on tour with their annual show with costumes from all the top dancewear makers in the country as well as informative workshops. The show is **free admission** to directors but you must register online to receive your complimentary pass: [www.udma.org](http://www.udma.org). Visit their web site for dates and locations in your area!

The registration page for the 2011 American Dance Competitions is now *live*. Make sure to visit our web site and see the dates and locations as well as the 2010 schedules and results so that you can get an idea of the size and attendance of each event. Visit us at [www.danceadts.com/contests.htm](http://www.danceadts.com/contests.htm)

## Inspiration of the Week

# It all depends on the way you look at things.

One day a father and his rich family took his son to a trip to the country with the firm purpose to show him how poor people can be. They spent a day and a night in the farm of a very poor family.

When they got back from their trip the father asked his son, "How was the trip?"

"Very good Dad!"

"Did you see how poor people can be?" the father asked.

"Yeah!" "And what did you learn?"

The son answered, "I saw that we have a dog at home, and they have four. We have a pool that reaches to the middle of the garden, they have a creek that has no end. We have imported lamps in the garden, they have the stars. Our patio reaches to the front yard, they have a whole horizon."

When the little boy was finishing, his father was speechless. His son added, "Thanks Dad for showing me how poor we are!"

Isn't it true that it all depends on the way you look at things? If you have love, friends, family, health, good humor and a positive attitude towards life -- you've got everything! You can't buy any of these things, but still you can have all the material possessions you can imagine, provisions for the future, etc., but if you are poor of spirit, you have nothing! -- author unknown

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