



American Inspiration

Thoughts for today and every day . . .

“The world’s much smaller than you think. Made up of two kinds of people – simple and complicated. The simple ones are contented. The complicated ones aren’t.”

Margaret Moore



“Contemplate the workings of the world. Study how the water flows in a valley stream, smoothly and freely between the rocks. Everything – even mountains, rivers, plants and trees – should be your teacher.” Morihei Ueshiba



“The charm of a deed is its doing; the charm of a life is its living; the soul of the thing is the thought.” Eugene Fitch Ware



“If something goes wrong, it is more important to talk about who is going to fix it than who is to blame.” Francis J. Gable

American Update

Pass a compliment to at least two people each day of your life. It will amaze you how good that you make someone else feel while uplifting your own spirits. It is even more exciting if you stop a stranger.

Find a special charity project now for your team or office to plan ahead for Christmas or Thanksgiving. Be innovative and find a person or group in need that might have been overlooked. Take the team to a nursing home and have your girls bring fingernail polish to paint the nails of the sweet ladies there. What a joy they will find in such a small gesture. Team them the ‘Macarena’ that they can ‘dance’ in their chairs. Find out names in advance and make them a special door sign with their name or nickname.

Inspiration of the Week

ATTITUDE

"The longer I live, the more I realize the impact of attitude on life. Attitude, to me, is more important than facts. It is more important than the past, than education, than money, than circumstances, than failures, than successes, than what other people think or say or do. It is more important than appearance, giftedness or skill. It will make or break a company...a team... a home. The remarkable thing is we have a choice every day regarding the attitude we will embrace for that day. We cannot change our past. We cannot change the fact that people will act in a certain way. We cannot change the inevitable. The only thing we can do is play on the one thing we have, and that is our attitude. I am convinced that life is 10% what happens to me and 90% how I react to it. And so it is with you, we are in charge of our Attitudes."

by Charles Swindoll

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