

American Weekly Inspiration

Thoughts for today and every day:

“It is easier to do a job right than to explain why you didn’t.” Martin Van Buren

“When you stretch the truth, watch out for the snap back.” author unknown

“Like the idea of a future. Believe that you have it in you to make the world better, rather than worse, seven generations from now. Figure out what that could look like, and then if you’re lucky, you’ll find a way to live inside that hope, running down the hallways touching the walls on both sides.” Barbara Kingsolver

“Knowledge can be communicated, but not wisdom. One can find it, live it, be fortified by it, do wonders through it, but one cannot communicate and teach it.”

Hermann Hesse, *Siddhartha*

American Update:

Just two more weeks of the American Inspiration then we take a break for the summer. I hope that you are enjoying the last few days of school and getting ready to have a fun and exciting summer. Life is so full of many rich blessings if we have a positive outlook. Take each stumbling block with a grain of salt, and mold it into a building stone to make a stronger future. Build on the positive things about you; make a list; praise yourself; find new ways to re-create yourself into a better you. Surround yourself with positive people and run from those who are negative. Turn off the TV, step away from the computer and go outside and spend an hour or so just listening to birds sing and enjoying nature. Downplay the stress in this manner for a more successful you.

We are excited to begin our journey through summer camps on June 1st with our first camp in Kansas. Make sure that you have not only pre-registered online but also made your hotel reservations for your summer camps. Many of the hotels will have deadlines about 30 days in advance of the camp where they will cut off the discounted rate so make sure to plan ahead. Visit our web site at www.DanceADTS.com on the Summer Camp page for more information. Hope to see each of you this summer!

Inspiration of the Week:

Best Day Of My Life . . . Ever

Today, when I awoke, I suddenly realized that this is the best day of my life, ever! There were times when I wondered if I would make it to today;

but I did! And because I did, I'm going to celebrate!

Today, I'm going to celebrate what an unbelievable life I have had so far: The accomplishments, the many blessings, and yes, even the hardships because they have served to make me stronger.

I will go through this day with my head held high, and with a happy heart. I will marvel at God's seemingly simple gifts: the morning dew, the sun, the clouds, the trees, the flowers, and the birds.

Today, none of these miraculous creations will escape my notice. Today, I will share my excitement for life with other people. I'll make someone smile. I'll go out of my way to perform an unexpected act of kindness for someone I don't even know.

Today, I'll give a sincere compliment to someone who seems down. I'll tell a child how special he is, and I'll tell someone I love just how deeply I care for them and how much they mean to me. Today is the day I quit worrying about what I don't have and start being grateful for all the wonderful things God has already given me. I'll remember that to worry is just a waste of time because my faith in God and His Divine Plan ensures everything will be just fine.

Tonight, before I go to bed, I'll go outside and raise my eyes to the heavens. I will stand in awe at the beauty of the stars and the moon, and I will praise God for these magnificent treasures. As the day ends and I lay my head down on my pillow, I will thank the Almighty for the best day of my life. And I will sleep the sleep of a contented child, excited with expectation because I know tomorrow is going to be. The Best Day Of My Life!

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