

American Weekly Inspiration

Thoughts for today and every day:

“Life is like an ever shifting kaleidoscope — a slight change, and all patterns alter.”
Sharon Salzberg, cofounder of Insight Meditation Society

“Keeping score of old scores and scars, getting even and one-upping, always make you less than you are.” Malcom Forbes (1919-1990) publisher

“You cannot live a perfect day without doing something for someone who will never be able to repay you.” John Wooden, college basketball coach

“A friend told me that each morning when we get up we have to decide whether we are going to save or savor the world. I don't think that is the decision. It's not an either/or, save or savor. We have to do both, save and savor the world.” Kate Clinton, comedian

American Update:

Many of you have tryouts, spring shows and graduation activities coming in the next few weeks. It is hard to believe the the school year has flown by so quickly. For those of you who are dance team directors, make sure to resource some of the best vendors in the business including **Happy Feet Boots**, **Tote Unlimited**, **Doughmakers Fundraising**, **Biogime International**, and **Curtain Call Costumes**. Each of these vendors have been a great support of American Dance/Drill Team camps and competitions and have consistently delivered great products and services to the industry. To learn more about these great companies, visit our Links to our Friends page on our web site and link to each company's own site to see their products and services.

If you are thinking ahead to fall football season, you can listen to the **latest band arrangements** online. See their links at the bottom of our Summer Camp page on our web site (www.DanceADTS.com). If you ever need to check the song lyrics for any inappropriate language or suggestive language, go to www.lyrics.com to check before using pop music at a pep rally, spring show or contest.

Inspiration of the Week:

"Maybe"

Maybe when the door of happiness closes, another opens, but often times we look so long at the closed door that we don't see the one that has been opened for us.

Maybe the best kind of friend is the kind you can sit on a porch and swing with, never say a word, and then walk away feeling like it was the best conversation you've ever had.

Maybe it is true that we don't know what we have got until we lose it, but it is also true that we don't know what we have been missing until it arrives.

Maybe God wanted us to meet the wrong people before meeting the right one so that when we finally meet the right person, we will know how to be grateful for that gift.

Giving someone all your love is never an assurance that they will love you back. Don't expect love in return; just wait for it to grow in their heart; but if it does not, be content it grew in yours.

It takes only a minute to get a crush on someone, an hour to like someone, and a day to love someone, but it takes a lifetime to forget someone.

Don't go for looks; they can deceive. Don't go for wealth; even that fades away. Go for someone who makes you smile because it takes only a smile to make a dark day seem bright. Find the one that makes your heart smile.

There are moments in life when you miss someone so much that you just want to pick them from your dreams and hug them for real.

Dream what you want to dream; go where you want to go; be what you want to be, because you have only one life and one chance to do all the things you want to do.

May you have enough happiness to make you sweet, enough trials to make you strong, enough sorrow to keep you human, enough hope to make you happy.

Always put yourself in others' shoes. If you feel that it hurts you, it probably hurts the other person, too.

The happiest of people don't necessarily have the best of everything; they just make the most of everything that comes along their way.

Happiness lies for those who cry, those who hurt, those who have searched, and those who have tried, for only they can appreciate the importance of people who have touched their lives.

Love begins with a smile, grows with a kiss and ends with a tear.

The brightest future will always be based on a forgotten past, you can't go on well in life until you let go of your past failures and heartaches.

When you were born, you were crying and everyone around you was smiling. Live your life so that when you die, you are the one who is smiling and everyone around you is crying.

This weekly message is generated from:

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