

American Inspiration

A weekly motivational message compiled by Joyce E. Pennington



Thoughts for today and every day . . .

“A person can grow only as much as his horizon will allow.” John Powell



“If you are never scared or embarrassed or hurt, it means you never take chances.”

Julia Soul



“When you are a self starter, others don’t have to be a crank.” Author unknown



“For most of us still standing on planet Earth, every day produces a variety of challenges. It’s not how you look at it or what your attitude is; it’s actually more about accepting that work, like life, is never going to be perfect.” Barton Goldsmith

American Update

We hope that you have had the chance to visit our web site in the past couple of weeks. I am providing a special message to the visitors to give a personal welcome. We are always making updates and improvements to provide an interesting and informative venue on our web site. Watch after the first of the year as we will have some live video feeds from our contests. If you are a director and have not yet registered for one of our 2010 contests, make sure to visit our web site and request a username and password for your registration. You can go back as many times as needed to update your registration by signing onto your ‘account.’

This weekend continues one day dance intensives at several locations. We are pleased to host a **Rangerette Revelations** (Kilgore Rangerettes) in the Dallas area at Ereckson Middle School in Allen. There will be another Rangerette Revelations in January following the TDEA convention in Houston. Visit our web site for more information.

For those in the Dallas area that are interested in attending the **Rockettes Christmas Spectacular** at the Nokia Theater, we will have a link by the end of the week that will offer \$10 off of any ticket for any show. Watch for the link on our main page as well as our *Links to our Friends* page.

Inspiration of the Week

'Twas the Night Before Competition

by Karen Tunnell
(Inspired by Joyce Pennington)

'Tis the night before competition and all through the city
Not a creature is stirring....not even a kitty.
We girls are nestled all snug in our beds
While visions of trophies dance in our heads.
Our team bags are packed for the big day tomorrow
So we have what we need and we won't have to borrow.
Finally the alarm rings... it's 6:00 am!
We stumble out of bed into light that is dim.
We put on stage make-up and bright red lipstick.
Our stomachs are nervous and feel slightly sick.
With lycra and sequins and lacquered-stiff hair
We head to the arena, excitement is in the air.
Other teams arrive looking much more prepared
While our team walks in trying not to look scared.
We find our way to the big dressing room
And begin to change into our first costume.
The directors tell us to relax and have fun....
No matter what happens we're still number 1!
We file to the gym floor all set to perform
The air is quite chilly although we're quite warm.
The captain counts sharply 5-6-7-8
We hit our position and nervously wait.
The three pretty judges look up and grin
Our team is announced and the music begins
We make every move and we hit every beat.
We smile at the audience--we're light on our feet!
Our team is performing exceptionally well
A dance that would impress even Gussie Nell.
The music crescendos to our final formation
And the audience jumps up giving loud adulation.
We see the proud faces of our mothers and fathers
sisters, directors..yes, even little brothers.
And suddenly the hard work, the hours of rehearsals,
giving up free time and all the sore muscles
Are worth it...not because of the shining awards,
But because the applause is a richer reward.
Doing our best is the important part.
No matter who wins....there's a trophy in our heart!

This weekly message is generated from:

Joyce Pennington, Pres. CEO

American ★★★★★
Dance/Drill Team ★★
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