

American Inspiration

A weekly motivational message compiled by Joyce E. Pennington



Thoughts for today and every day . . .

“When a man eats his words, it’s recycling.” Frank A. Clark



**“We are all manufacturers—making good, making trouble, or making excuses.”
H.V. Adolt**



“No one rises to low expectations.” Les Brown



**“Think of fear like alcohol. It impairs judgment. You shouldn’t make any decisions
while under it’s influence.” Gregory Berns**

American Update

It is hard to imagine such a tragedy like happened at Fort Hood, Texas, last Thursday. We pray for all of the soldiers and their families that were affected. These men and women sacrifice so much for our freedoms. Make sure that you never miss an opportunity to thank them for their service.

Now is the time to start thinking about your choreography and costuming for competition season. You can take an old costume and make it look current, or simplify your costumes to save money in the coming year. Do a trade out with another team to loan them your costumes and they loan theirs back to your team. There are always ways to cut corners.

Also, make sure you start early on the music. Look up all the lyrics on songlyrics.com or other web sites that list the lyrics. Sometimes there are hidden meanings to phrases that might end up being inappropriate for your team’s performance. There can also be some music that is in a foreign language that could have a bad connotation or interpretation. Make sure to always check your music out thoroughly before your performance or choreography.

We are so delighted to be welcoming back five teams from Japan. They will be coming from different cities that have attended in the past. Several teams will be from Sendai City and are very talented. Make plans now to attend our 2010 American National/International Championship and the American Collegiate Championship held March 26-27th.

Inspiration of the Week

Greatest Values in Life

The Greatest Handicap-----FEAR
The Best Day -----TODAY
Hardest Thing To Do-----TO BEGIN
Easiest Thing To Do-----FINDING FAULT
Most Useless Asset-----PRIDE
Most Useful Asset-----HUMILITY
The Greatest Mistake-----GIVING UP
The Greatest Stumbling Block-----EGOTISM
The Greatest Comfort-----WORK WELL DONE
Most Disagreeable Person-----THE COMPLAINER
Worst Bankruptcy-----LOSS OF ENTHUSIASM
Greatest Need-----COMMON SENSE
Meanest Feeling-----REGRET AT ANOTHER'S SUCCESS
Best Gift-----FORGIVENESS
The Hardest & Most Painful to Accept--DEFEAT
The Greatest Moment-----DEATH
The Greatest Knowledge-----GOD
The Greatest Thing-----LOVE
The Greatest Success in the World-----SELF- FULFILLMENT & PEACE OF MIND

This weekly message is generated from:

Joyce Pennington, Pres. CEO



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