

# American Inspiration

*A weekly motivational message compiled by Joyce E. Pennington*



Thoughts for today and every day . . .

**“To be human is to be creative. You don’t have to go outside yourself to find creativity – you already have it. It lives in your heart and mind in every moment of every day.” Sandra Magasamen**



**“I am learning all the time. The tombstone will be my diploma.” Author unknown**



**“Rivers and rocks and trees have always been talking to us, but we have just forgotten how to listen.” Michael Roads**



**“A friend at one’s back is a safe bridge.” Dutch proverb**

## American Update

Halloween is just around the corner and many of you are planning for pumpkin carving, trick or treat and more. Before you know it, Thanksgiving will be here followed all too quickly by the Christmas holidays. Plan now for your Thanksgiving or Christmas charitable event with your team or office. There are many families in need this year that can use a helping hand. Instead of exchanging gifts with friends or family, make a pact to give an Angel Tree gift or a gift to a child from a family in need. It will be far more gratifying for both the giver and the recipient.

## Inspiration of the Week

**More Good Thoughts (continued from last week) . . .**

I've learned....

That love, not time, heals all wounds.

I've learned....

That the easiest way for me to grow as a person is to surround myself with people smarter than I am.

I've learned....

That everyone you meet deserves to be greeted with a smile.

I've learned....

That there's nothing sweeter than sleeping with your babies and feeling their breath on your cheeks.

I've learned....

That no one is perfect until you fall in love with them.

I've learned....

That life is tough, but I'm tougher.

I've learned....

That opportunities are never lost; someone will take the ones you miss.

I've learned....

That when you harbor bitterness, happiness will dock elsewhere.

I've learned....

That I wish I could have told my Dad that I love him one more time before he passed away.

I've learned....

That one should keep his words both soft and tender, because tomorrow he may have to eat them.

I've learned....

That a smile is an inexpensive way to improve your looks.

I've learned....

That I can't choose how I feel, but I can choose what I do about it.

I've learned....

That when your newly born child holds your little finger in his little fist, that you're hooked for life.

I've learned....

That everyone wants to live on top of the mountain, but all the happiness and growth occurs while you're climbing it.

I've learned ...

That it is best to give advice in only two circumstances; when it is requested and when it is a life threatening situation.

I've learned....

That the less time I have to work with, the more things I get done.

This weekly message is generated from:

*Joyce Pennington, Pres. CEO*



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