

American Inspiration

A weekly motivational message compiled by Joyce E. Pennington



Thoughts for today and every day . . .

“Never rationalize anything that feels wrong.” Louise Erdrich

“A good head and good heart are always a formidable combination.” Nelson Mandela

“Every individual has a place to fill in the world, and is important, in some respect, whether they choose to be or not.” Nathaniel Hawthorne

“Take the tools in hand and carve your own best life.” Douglas Lurton

American Update

Football season is going by quickly with many teams performing only a few more weeks. Plan now for your contest choreography themes, costumes, makeup, music, etc. Get ideas by visiting our **Education Support** page. Also, get choreography ideas by viewing thousands of dance routines on YouTube.com. If you would like custom choreography for your team, contact our office at luciadts@aol.com.

For those of you that would like to take your team to a new level with technique or learn new routines, resource our **One Day Dance Intensive** schedule for a workshop near you. If you would like to host a One Day, contact our office at danceadts@aol.com.

Inspiration of the Week

GOOD THOUGHTS

I've learned....

That the best classroom in the world is at the feet of an elderly person.

I've learned....

That when you're in love, it shows.

I've learned....

That just one person saying to me, "You've made my day!" makes my day.

I've learned....

That having a child fall asleep in your arms is one of the most peaceful feelings in the world.

I've learned....

That being kind is more important than being right.

I've learned....

That you should never say "no" to a gift from a child.

I've learned....

That I can always pray for someone when I don't have the strength to help him in some other way.

I've learned....

That no matter how serious your life requires you to be, everyone needs a friend to act goofy with.

I've learned....

That sometimes all a person needs is a hand to hold and a heart to understand.

I've learned....

That simple walks with my father around the block on summer nights when I was a child did wonders for me as an adult.

I've learned....

That life is like a roll of toilet paper. The closer it gets to the end, the faster it goes.

I've learned....

That we should be glad God doesn't give us everything we ask for.

I've learned....

That money doesn't buy class.

I've learned....

That it's those small daily happenings that make life so spectacular.

I've learned...

That under everyone's hard shell is someone who wants to be appreciated and loved.

I've learned....

That the Lord didn't do it all in one day. What makes me think I can?

I've learned....

That to ignore the facts does not change the facts.

I've learned....

That when you plan to get even with someone, you are only letting that person continue to hurt you.

To be continued next week....

This weekly message is generated from:

Joyce Pennington, Pres. CEO



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