



## *American Weekly Inspiration*

### Thoughts for today and every day:

**“When you commit to live authentically, the curtains will open wide for you. There will be no more hiding backstage in the shadows.” Corrie Woods, life coach**

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**“The growth of understanding follows an ascending spiral rather than a straight line.”  
Joanna Field (1900-1998) psychologist and diarist**

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**“In the business world, everyone is paid in two coins: cash and experience. Take the experience first; the cash will come later.” Harold Geneen (1910-1997) business leader**

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**“At various points in your careers, you will be called to take a risk. And I think you will find, as I have found, those will be the times of your greatest opportunities.”  
Raymond V. Gilmartin, business executive**

### **American Update:**

Thanksgiving is just past us and Christmas will be sweeping around the corner before we know it. With times being tight, be creative in your gift giving. Organize the family or team to do a volunteer project together. Have a special photo printed and put into a frame, customized with a paint pen and name. Keep in mind that your special care and thoughts that go into a gift are more important than the cost.

As for special thoughts, here is something we all need to do. If you go to this web site, [www.letsaythanks.com](http://www.letsaythanks.com) you can pick out a thank you card and Xerox will print it and it will be sent to a soldier that is currently serving in Iraq . You can't pick out who gets it, but it will go to a member of the armed services. How AMAZING it would be if we

could get everyone we know to send one!!! It is FREE and it only takes a second. Wouldn't it be wonderful if the soldiers received a bunch of these? Whether you are for or against the war, our soldiers over there need to know we are behind them. This takes just 10 seconds and it's a wonderful way to say thank you. Please take the time and please take the time to pass it on for others to do. We can never say enough thank you's.

Before contest season kicks off at the end of January, plan to participate in a **One Day Dance Intensive** near you. American has several dates and locations ([www.DanceADTS.com/onedays.htm](http://www.DanceADTS.com/onedays.htm)). If you have students that are interested in auditioning for a college dance team, encourage them to take a one day with **Rangerette Revelations**. The Kilgore College Rangerettes and directors will be there to teach technique workshops, dance routines, answer questions about auditions and scholarships, and all proceeds go to benefit Rangerette scholarships. Find out more at [www.DanceADTS.com/revelations.htm](http://www.DanceADTS.com/revelations.htm)

## Inspiration of the Week:

### ATTITUDE

by Charles Swindoll

"The longer I live, the more I realize the impact of attitude on life. Attitude, to me, is more important than facts. It is more important than the past, than education, than money, than circumstances, than failures, than successes, than what other people think or say or do. It is more important than appearance, giftedness or skill. It will make or break a company...a team...a home. The remarkable thing is we have a choice every day regarding the attitude we will embrace for that day. We cannot change our past. We cannot change the fact that people will act in a certain way. We cannot change the inevitable. The only thing we can do is play on the one thing we have, and that is our attitude. I am convinced that life is 10% what happens to me and 90% how I react to it. And so it is with you, we are in charge of our *attitudes*."

This weekly message is generated from:  
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