



## American Weekly Inspiration

### Thoughts for today and every day:

**“Our business in life is not to get ahead of others, but to get ahead of ourselves—to break our own records, to outstrip our yesterdays by our today.” Stewart B. Johnson**

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**“Creating the space to allow others into your heart means letting go of old issues.” Tijn Touber, editor**

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**“I have learend that a good fried is the purest of all God’s gifts, for it is a love that has no exchange or payment.” Frances Farmer (1910-1970) entertainer**

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**“True heroism is remarkably sober, very un-dramatic. It is not the urge to surpass all others at whatever cost, but the urge to serve others at whatever cost.” Arthur Ashe (1943-1993) tennis pro**

### American Update:

We hope everyone had a great Labor Day weekend and a super first halftime performance. We pray for our friends on the Gulf Coast that have endured yet another bad storm, and are thankful that the damage was not worse.

As you are all back in school and needing reference and support material, make sure to resource our **Education Support** page with hundreds of helpful articles for both directors and students.

[www.danceadts.com/edsupport.htm](http://www.danceadts.com/edsupport.htm)

To see links for business friends as well as dance teams from around the country, visit our **Links to Our Friends** page t  
[www.danceadts.com/links.htm](http://www.danceadts.com/links.htm)

## Inspiration of the Week:

### Don't Put Your Life On Layaway

Why do we sometimes put our lives on layaway? You know what I'm talking about here, don't you? Far too often we put our hopes, dreams and aspirations "on hold" while we wait for the perfect time or perfect place to get the ball rolling. Why are we so willing to wait on this or that happening before we start happening ourselves? Instead of making the most of every moment, we make excuses and put things off instead. Unknowingly, we put our lives on layaway.

The most successful in any field have long since learned that success just does not work in this fashion. A winner knows that waiting, delaying or putting off are nice ways of saying that you are stopping for the time being. And stopping won't get you where you truly want to go, will it?

Waiting around just does not make any sense whatsoever to winners. Winners are never willing to wait on anything or anyone because they know they **have what it takes to do it themselves** right now. These self-assured winners ignore the stop signs of life. They are always ready and raring to go, holding nothing back or in reserve as they strive to make today the best day of their lives.

Isn't it high time that you have some fun and start experiencing all of the unbridled excitement life has to offer? Isn't it high time that you commit to living each day with all of the passion and purpose you can muster? Isn't it high time that you get up, get going and then keep going - reaching higher, pushing harder while propelling yourself toward your date with destiny?

Once you stop making excuses and start making history, you will discover that life is just too much fun to ever put it on layaway again.

*The Power Up Passage is brought to you each weekday by The Motivational and Inspirational Corner.*

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