



American Weekly Inspiration

Thoughts for today and every day:

“The world is moving so fast these days that the man who says it can't be done is generally interrupted by someone doing it.” Elbert Hubbard (1856-1915) writer and publisher

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“Faith is an assent of the mind and a consent of the heart, consisting mainly of belief and trust.” E.T. Hiscox

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“Disregard your complaints and discover your gratitude. Release your trouble and restate your blessings.” Author unknown

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“Anything that comes easy, comes wrong.” Josephine Tessier (1856-1943) physicist and engineer

American Update:

This weekend is our fabulous **National International Championship** at the University of North Texas in Denton, Texas, just outside of Dallas. We are delighted to welcome over 125 teams attending this year including Australia, 12 colleges, and teams from around the US including Hawaii. See more about this great event on our web site. www.danceadts.com

April is just around the corner and we are looking ahead to the **Dance/Drill Team Directors of America national convention** in Arlington, Texas. It is not too late to register. You can go to www.DTDA.org for more information. April 9-12th will be the Kilgore Rangerette Revels spring review. They along with Tyler Jr College Apache Belles, Trinity Valley Community College and many more will be holding their events the month of April. For more information about college dance teams in your area and scholarship opportunities, visit www.dtda.org/college.php

April also brings our **Hill Country Dance Intensive**. This is a chance for true dancers to have the ultimate weekend of dance master classes, technique and team building/motivational activities. Individuals and teams may attend and there is still space available for the April 25-27th weekend. For more information either visit our web site on the Special Events page or contact our office.

I am a true animal love and love my dogs and cats. I found the passage below inspiring.

Inspiration of the Week:

Things We Can Learn From A Dog:

Never pass up the opportunity to go for a joyride.

When a loved one comes home, always run to greet them.

When it's in your best interest, practice obedience.

Let others know when they've invaded your territory.

Take naps and stretch before rising.

Run, romp and play daily.

Eat with gusto and enthusiasm.

Be loyal.

Never pretend to be something you're not.

If what you want lies buried, dig until you find it.

When someone is having a bad day, be silent, sit close by and nuzzle them gently.

Thrive on attention and let people touch you.

Avoid biting when a simple growl will do.

On hot days, drink lots of water and lay under a shade tree.

When you're happy, dance around and wag your entire body.

No matter how often you're scolded, don't buy into the guilt thing and pout - run right back and make friends.

Delight in the simple joy of a long walk.

This weekly message is generated from:

American Dance/Drill Team®

Joyce Pennington, Pres. CEO

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