



## *American Weekly Inspiration*

### **Thoughts for today and every day:**

**“To live is to suffer; to survive is to find some meaning in the suffering.” Roberta Flack, musician**

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**“Well-being is not found in isolation, possessions, or power itself; it usually appears while serving others.” Manuel Arango, business executive and philanthropist**

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**“When you care about other people, you are more likely to know how to really love, and how to be loved back.” Laura Shipler Chico, social worker**

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**“Opportunity is sometimes hard to recognize if you’re only looking for a lucky break.” Monta Crane, humorist**

### **American Update:**

You have all heard of a double header or triple header, but this weekend, American has a ‘quadruple header’ with four contests, all in different locations! We are excited about all of them but want to point out the Gussie Nell Davis Dance Classic that is presented at Kilgore College to help generate funds for Rangerette scholarships. I hope that if you are not attending this year, you will plan to attend in the future. There is the Gussie Nell Davis Rangerette Residence and the Rangerettes Showcase, a museum dedicated to the Rangerettes as well as the dance/drill team movement.

Learn more about Gussie Nell Davis and the history of dance/drill team on our Education Support page on our web site: [www.DanceADTS.com](http://www.DanceADTS.com)

### **Inspiration of the Week:**

## **Love is Like a Cabbage**

**My love is like a cabbage  
Divided into two,  
The leaves I give to others,  
The heart I give to you.**

**Author unknown**

## **Happy Valentine's Day!**

This weekly message is generated from:

**American Dance/Drill Team®**

**Joyce Pennington, Pres. CEO**

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