



## *American Weekly Inspiration*

### Thoughts for today and every day:

“Enthusiasm is the greatest asset in the world.  
It beats money, power and influence.” Henry  
Chester

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“The world is too dangerous for anything but truth and too small  
for anything but love.” William Sloane Coffin, Jr (1924-2006)  
cleric and activist

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“Don’t undermine your worth by comparing yourself with others.  
It is because we are different that each of us is special.” Bill  
Dyson, business consultant

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“There are no language barriers when you are smiling.” Allen  
Klein, professional speaker and writer

### **American Update:**

We are excited about our **Hill Country Dance Intensive** coming up **April 25-27th**. It will be a weekend for individuals and teams, that have a passion for dance, to experience over 8 dance master classes by top dance professionals, 4 technique classes, along with lots of fun team building activities. It is all set in the heart of the Texas Hill Country at Camp Buckner Retreat near Burnet and Marble Falls. The dance intensive weekend includes lodging and 6 meals as well as t-shirt, back pack and patch, and is designed for both individuals and teams wanting to have a special team building retreat. Learn more about this fantastic opportunity by going to our web site at [www.DanceADTS.com/specialevents.htm](http://www.DanceADTS.com/specialevents.htm).

### **Inspiration of the Week:**

## **Eight Gifts that Do Not Cost A Cent**

#### **1) THE GIFT OF LISTENING...**

**But you must REALLY listen.  
No interrupting, no daydreaming,  
no planning your response.  
Just listening.**

#### **2) THE GIFT OF AFFECTION...**

**Be generous with appropriate hugs,**

**kisses, pats on the back and handholds.  
Let these small actions demonstrate the  
love you have for family and friends.**

**3) THE GIFT OF LAUGHTER...**

**Clip cartoons.**

**Share articles and funny stories.**

**Your gift will say, "I love to laugh with you."**

**4) THE GIFT OF A WRITTEN NOTE...**

**It can be a simple**

**"Thanks for the help" note or a full sonnet.**

**A brief, handwritten note may be remembered for  
a lifetime, and may even change a life.**

**5) THE GIFT OF A COMPLIMENT...**

**A simple and sincere,**

**"You look great in red," "You did a super job"**

**or "That was a wonderful meal"**

**can make someone's day.**

**6) THE GIFT OF A FAVOR...**

**Every day, go out of your way**

**to do something kind.**

**7) THE GIFT OF SOLITUDE...**

**There are times when we want nothing better  
than to be left alone.**

**Be sensitive to those times and give the gift of  
solitude to others.**

**8) THE GIFT OF A CHEERFUL DISPOSITION...**

**The easiest way to feel good is**

**to extend a kind word to someone,**

**really it's not that hard to say,**

**Hello or Thank You.**

**Friends are a very rare jewel, indeed. They make you smile and encourage you to succeed. They  
lend an ear, they share a word of praise, and they always want to open their hearts to us. Show  
your friends how much you care.**

This weekly message is generated from:

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