



## *American Weekly Inspiration*

### **Thoughts for today and every day:**

“Endings need not be public, newsworthy events. Throughout your life there will be many little endings, every day. It is these endings that somehow give shape to the fragments of your life that are called experience. And it is this experience that makes up one’s life.” James V. Cunningham (1911-1985) poet

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“May you have warmth in your igloo, oil in your lamp and peace in your heart.” Indigenous arctic proverb

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“Put your ear down next to your soul and listen hard.” Anne Sexton (1928-1974) poet

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“If there were dreams to sell, what would you buy?” Thomas Lovell Beddoes

### **American Update:**

There is so much happening these coming months with competitions each weekend. Make sure to monitor the contest results each week on our web site. Also, many of you are getting your tryout packets together for your prospective members. Our 2008 Summer Camp dates are posted and the camp prices will be posted by the end of the week. We have officer dance and leadership camps that include the complete routine curriculum including numerous daily leadership workshops. Each school receives a free DVD and music CD’s for all routines. For the social officers we have a program that can’t be beat and we provide volumes of supplies for the workshops including computer workshops to help your social officers get set for the coming year. Our Dance and Team camps provide a positive learning environment with over 40 routines that are on our Visual Notes DVD that is given to each school attending team camp or hosting a private camp. All camps will include daily team building activities to bring your team together.

If you are thinking about having a Private Camp, make sure to go to our web site and submit information to receive a custom bid for your summer program. We always send the most professional instructors that will provide the material from

our Visual Notes DVD where YOU choose the routines you want taught.

### **Inspiration of the Week:**

## **PROVERBS FOR ABUNDANT LIVING by Fr. Brian Cavanaugh, TOR**

**In life we are to encourage and build up each other; not to discourage and tear down one another.**

**In life we are to add, not subtract; to multiply, not divide.**

**In life we are to leave an enduring impression; not a careless dent.**

**In life we are to smooth out the rough roads along the journey; not create new potholes.**

**In life we are to sing a joyful song; not just drone a groan.**

**In life we are to add our harmonious strains to life's symphony; not strain the symphony with clatter and clang.**

**In life we are to soar on eagles' wings; not to peck and cluck with our beaks in the dirt like chickens.**

**In life we are to radiate light into unseen places; not permit unknown fears to dim our radiance.**

**In life we are to leap in faith; not to limp with doubt.**

**In life we are to give freely of our time, our love, our resources; not to cling on to them greedily.**

**In life we are to lift up others; not push them down.**

**In life we are to open our hands to those in need; not to clutch our hands in fists of distrust.**

**In life we are to lend a helping hand to make loads lighter; not use heavy hands to hold others back.**

**In life we are to be messengers of peace, signs of joy; not Chicken Little portents of gloom-n-doom.**

**In life we are to enjoy, to savor, to remember, to reflect; not to overlook, to forget, to ignore, to reject.**

**In life we are to seek conscious awareness; not doze in the doldrums of half-awake.**

**In life we are to dare mighty things; not to fear things gravely.**

**In life we are to show up, stand up, step forward and speak up; not to cringe in fear, choosing to sit down, to step back, allowing the voices of silence to speak so loudly.**

**In life we are to exercise proper stewardship of earth's resources; not pillage the heritage of future generations.**

This weekly message is generated from:

**American Dance/Drill Team®**

**Joyce Pennington, Pres. CEO**

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