

# American Inspiration



## *American Weekly Inspiration*

### Thoughts for today and every day:

“Most of our problems can be solved. Some of them will take brains, and some of them will take patience, but all of them will have to be wrestled with like an alligator in the swamp.”

Harold Washington (1922-1987) politician

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“Anger helps straighten out a problem as much as a fan helps straighten out a pile of papers.” Susan Marcotte

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“None are so poor that they have nothing to give, and none are so rich that they have nothing to receive.”

Pope John Paul II (1920-2005)

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“Don’t ever promise more than you can deliver, but always deliver more than you promise.”

Lou Holtz, football coach

### **American Update:**

We are delighted to have all of our contest dates set. The last ones we were waiting on sports schedules have been set (**Dallas Mavericks, Dallas Desperados, Gussie Nell Davis Dance Classic at Kilgore College**). Make sure to visit our web site for more information on these and other great events.

[www.DanceADTS.com](http://www.DanceADTS.com)

We are also delighted to announce that our contest in San Antonio, the **Alamo Dance Classic**, will now be open to both private teams as well as high school teams. We have seen this event continue to grow and we have the capacity at the beautiful Karen Wagner High School in San Antonio.

Add a special book to your library that captures the history of our industry by purchasing “**Remembering Gussie Nell**,” a book that highlights so many memories of the life of the First Lady of Drill Team and director of the Kilgore Rangerettes. You can visit [www.Rangerette.com](http://www.Rangerette.com) or contact our office. The hard bound books are \$25.

## Inspiration of the Week:

### **Attitude Is Everything** **by Jim Rohn**

**The process of human change begins within us. We all have tremendous potential. We all desire good results from our efforts. Most of us are willing to work hard and to pay the price that success and happiness demand.**

**Each of us has the ability to put our unique human potential into action and to acquire a desired result. But the one thing that determines the level of our potential, that produces the intensity of our activity, and that predicts the quality of the result we receive is our attitude.**

**Attitude determines how much of the future we are allowed to see. It decides the size of our dreams and influences our determination when we are faced with new challenges. No other person on earth has dominion over our attitude. People can affect our attitude by teaching us poor thinking habits or unintentionally misinforming us or providing us with negative sources of influence, but no one can control our attitude unless we voluntarily surrender that control.**

**No one else "makes us angry." We make ourselves angry when we surrender control of our attitude. What someone else may have done is irrelevant. We choose, not they. They merely put our attitude to a test. If we select a volatile attitude by becoming hostile, angry, jealous or suspicious, then we have failed the test. If we condemn ourselves by believing that we are unworthy, then again, we have failed the test.**

**If we care at all about ourselves, then we must accept full responsibility for our own feelings. We must learn to guard against those feelings that have the capacity to lead our attitude down the wrong path and to strengthen those feelings that can lead us confidently into a better future.**

**If we want to receive the rewards the future holds in trust for us, then we must exercise the most important choice given to us as members of the human race by maintaining total dominion over our attitude. Our attitude is an asset, a treasure of great value, which must be protected accordingly. Beware of the vandals and thieves among us who would injure our positive attitude or seek to steal it away.**

**Having the right attitude is one of the basics that success requires. The combination of a sound personal philosophy and a positive attitude about ourselves and the world around us gives us an inner strength and a firm resolve that influences all the other areas of our existence.**

This weekly message is generated from:

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