



American Inspiration

Greetings to everyone,
We are enjoying the Texas wildflowers that are blanketing the roadsides with brilliant colors of blue, yellow and red. It is a great time to be in Central Texas to see the beauty of the native wildflowers and the people stopping to take family photos in the sea of color.

Here are some thoughts for the day:

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**“The two hardest things to handle in life are failure and success.”**  
**author unknown**

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“The pessimist may be right in the long run, but the optimist has a better time during the trip.”
author unknown

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**“You’re never as old as you’re going to get.”**  
**author unknown**

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“Great minds discuss ideas, average minds discuss events, small minds discuss people.”
Admiral Hyman Rickover (1900-1986) U.S. Navy
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Even though summer camps are just a few weeks away, many of you are thinking ahead to the **2008 Contest Season** and looking at your choices for competitions. Our 2008 contest dates and locations are posted on our web site for you to plan ahead for the coming year. Visit our web site at [www.DanceADTS.com](http://www.DanceADTS.com) for more information.

Each day I awake and think about what I am going to do that day. While I sip my coffee in the early morning, I contemplate how I can make today count for something good. I came across an amazing article by **Dennis Waitley**, that absolutely inspired me more than I could imagine. It has some powerful messages within this short article that may make a difference with you today, as it did for me.

Have a fabulous week that continues to go in the right direction. Take two days out of this week where you will not worry, and, as always, please *keep in touch!*

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*Sincerely,*

*Joyce E. Pennington, Pres. CEO*

*American Dance/Drill Team®*

*www.DanceAD7S.com*

*800/462-5719*

## **Making the Most of Today**

by Denis Waitley (Excerpted from *The Psychology of Motivation*)

What each of us is doing this minute is the most important event in history for us. We have decided to invest our resources in **THIS** opportunity rather than in any other.

It is helpful to remember this when we consider the passage of time. As I write this, my mother is in her eighties and I will never see fifty again. As the years pass, I am acutely aware that the bird of time is on the wing. At my fortieth high school reunion, I saw people who claimed to be my former classmates. We all had big name tags printed in capital letters so we wouldn't have to squint with our reading glasses on trying to associate the name with each well-traveled face. It was only yesterday that I was really enjoying high school. What had happened to the four decades in between? Where had they flown?

To the side of the bandstand, where the big-band sound of the late 1940s and 50s blared our favorite top-ten hits, there was a poster with a printed verse for all of us to see. I read the words aloud: "There are two days in every week about which we should not worry, two days which should be kept free from fear and apprehension."

"One of these days is **YESTERDAY**, with its mistakes and cares, its faults and blunders, its aches and pains. Yesterday has passed forever beyond our control all the money in the world cannot bring back yesterday. We cannot undo a single act we performed or erase a single word we said. Yesterday is gone."

"The other day we should not worry about is **TOMORROW**, with its possible adversities, its burdens, its large promise, and its poor performance. Tomorrow is also beyond our immediate control."

"This leaves only one day, TODAY. Anyone can fight the battles of just one day. It is only when you and I add the burdens of those two awful eternities - Yesterday and Tomorrow - that we break down."

"It is not the experience of Today that drives us mad, it is remorse and bitterness for something which happened yesterday and the dread of what tomorrow may bring. Let us thereforeâ€¦ Live this one full TODAY."

Malcolm Forbes believed the important thing is "never say die until you're dead," and he lived that example to the hilt. It is, as we realize when we suddenly attend our fortieth high school reunion, a short journey.

But it is difficult to be depressed and active at the same time. So get active! Live TODAY.

With over 10 million audio programs sold in 14 languages, Denis Waitley's CD album, "The Psychology of Winning," is still the all-time best selling program on self-mastery. To order this Best-Seller and save 30% as part of the Denis Waitley/Jim Rohn Special Package, go to <http://specials.jimrohn.com> or to see Denis "live" at the upcoming, rare and historic Jim Rohn Weekend Event go to <http://jim3day.jimrohn.com>