



# American Inspiration

Greetings everyone,  
I hope that many of you are enjoying spring break and others are back to school to look forward to spring. Here is a simple thing that we can all do to help the women's shelters in your area. Go to the link below and Seventh Generation, a green paper product and cleaning products company will donate a box of sanitary products to women's shelters in the state of your choice. It only takes a second:  
<http://www.tampontification.com/donate.php>

Here are some thoughts for the day:

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**"As best you can, stare truth in the face."  
Richard Von Weizsacker (1920-1944) politician**  
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**"When I was 13, my father took me aside and told me that all a dancer needed to know was written at the top of a mayonnaise jar. I was puzzled for days about the meaning of the phrase, *Refrigerate After Opening*, until my father remarked that in his day mayo jars said, *Keep Cool Don't Freeze*." author unknown**  
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**"Somehow, year after year, dad managed to take us on vacations he couldn't afford to provide, in order to make memories we couldn't afford to be without."  
Richard Exley, writer and cleric**  
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**"Those who cannot feel the littleness of great things in themselves are apt to overlook the greatness of little things in others."  
Okakura Kakuzo (1863-1913) scholar**  
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Each and every day, I am grateful for just waking up. What a joy to be able to share life with others each day and rejoice in the moment. I came across this short passage that reflects so much of what I feel. I hope it lifts you up as it did me today.

Have a wonderful week, and, as always, please *keep in touch!*

*Sincerely,*

*Joyce E. Pennington, Pres. CEO*

*American Dance/Drill Team®*

*www.DanceADTS.com*

*800/462-5719*

## Best Day Of My Life . . . Ever

Today, when I awoke, I suddenly realized that this is the best day of my life, ever! There were times when I wondered if I would make it to today; but I did! And because I did, I'm going to celebrate!

Today, I'm going to celebrate what an unbelievable life I have had so far: The accomplishments, the many blessings, and yes, even the hardships because they have served to make me stronger.

I will go through this day with my head held high, and with a happy heart. I will marvel at God's seemingly simple gifts: the morning dew, the sun, the clouds, the trees, the flowers, and the birds.

Today, none of these miraculous creations will escape my notice. Today, I will share my excitement for life with other people. I'll make someone smile. I'll go out of my way to perform an unexpected act of kindness for someone I don't even know.

Today, I'll give a sincere compliment to someone who seems down. I'll tell a child how special he is, and I'll tell someone I love just how deeply I care for them and how much they mean to me. Today is the day I quit worrying about what I don't have and start being grateful for all the wonderful things God has already given me. I'll remember that to worry is just a waste of time because my faith in God and His Divine Plan ensures everything will be just fine.

Tonight, before I go to bed, I'll go outside and raise my eyes to the heavens. I will stand in awe at the beauty of the stars and the moon, and I will praise God for these magnificent treasures. As the day ends and I lay my head down on my pillow, I will thank the Almighty for the best day of my life. And I will sleep the sleep of a contented child, excited with expectation because I know tomorrow is going to be. The Best Day Of My Life!

Author Unknown