

Weekly Message Weekly Message



Greetings everyone!

We are off today to Santa Fe, New Mexico for a great competition there with teams from Texas, Colorado and New Mexico. It looks like there will be good snow for the teams that are planning on skiing. Santa Fe is such a beautiful city nestled in the Sangre de Cristo Mountains, and so rich in history.

Here are some thoughts for the day:

~~~~~  
"If you have integrity, nothing else matters.  
If you don't have integrity, nothing else matters."  
Alan Simpson, politician

~~~~~  
"If your will power doesn't work, try your won't power."
author unknown

~~~~~  
"I will love the light because it shows me the way. Yet I will endure the  
darkness for it shows me the stars."  
Og Mandino (1923-1996) motivational writer and speaker

~~~~~  
"Enrich yourself so you can enrich the lives of others."
Gary Coxe, personal growth coach and life strategist

Many of you are on spring break this week. Make sure to drive safely and enjoy the good weather wherever you may be.

I came across a passage about carrying the weight of the world. It has a great message. I hope you find the message within it as I did. Have a great week and, as always, please keep in touch!

--

Sincerely,

Joyce E. Pennington, Pres. CEO

American Dance/Drill Team

www.DanceADTS.com

800/462-5719



WEIGHTS AND LIFTS

When asked the secret of his winning ways, a champion weight lifter replied, "I try not to think of the weight, just the lift. Once you start thinking about the weights...You won't get it."

What an insight into life's problems, its perplexities, and its burdens! We can worry about the problem, or we can focus on possible solutions. We can dwell on our difficulties, or we can zero in on ways to overcome them. We can see only the lack in our lives, or we can open our eyes to the abundance and to the source of our supply.

The successful weight lifter realizes that there is something far more important than the dead weights: there is his lifting power readily available within him. He knows that there is something far more important than the facts: there is his attitude towards the facts.

Whenever a problem confronts you, whatever burden threatens to overpower you, whatever temptation seems to have dominion over you, whatever crisis presently engulfs you, remember this:

GET YOUR MIND OFF THE WEIGHT AND TURN YOUR ATTENTION TO THE LIFT!!!

