

# Weekly Message Weekly Message



Greetings special friends,  
We had an exciting week last week at the Texas Dance Educators Association convention as well as our first contest of 2006. This week we head to Olathe, Kansas, for the Kansas Spectacular, where the event is televised (delayed) on the local sports network. You can watch for schedules and results each week on our web site: [www.DanceADTS.com](http://www.DanceADTS.com).

Here are some thoughts for the day:



**“There are some who’ve forgotten why we have a military. It’s not to promote war. It’s to be prepared for peace. There’s a sign over the entrance to Fairchild Air Force Base in Washington state, and that sign says it all: *Peace is our Profession.*”**

**Ronald Reagan’s acceptance speech, Republican National Convention, Dallas, Texas, August 23, 1984**



**“All spiritual paths have four steps: show up, pay attention, tell the truth, and don’t be attached to the results.”**

**Angeles Arien**



**“Hope is the thing with feathers that perches in the soul, and sings the tune without the words, and never stops at all.” Emily Dickinson**



**“Contentment is a pearl of great price, and whoever procures it at the expense of ten thousand desires makes a wise and happy purchase.”**

**John Balguy**



We all take a look at our own self worth occasionally. It is important to know that we make a valuable contribution to those whose lives we touch daily. Remember that you are special to someone each day and that it is your duty to live your life to fulfill not only your own dreams but to make it possible for others as well. There is a special passage below that tells this story. I hope that it lifts you up as it did me today.

Have a fabulous week, and, as always, please *keep in touch!*

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*Sincerely,*

*Joyce E. Pennington, Pres. CEO*

*American Dance/Drill Team*

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## **"You are Worth It"**

**Do not undermine your worth  
by comparing yourself with others.  
It is because we are different  
that each of us is special.**

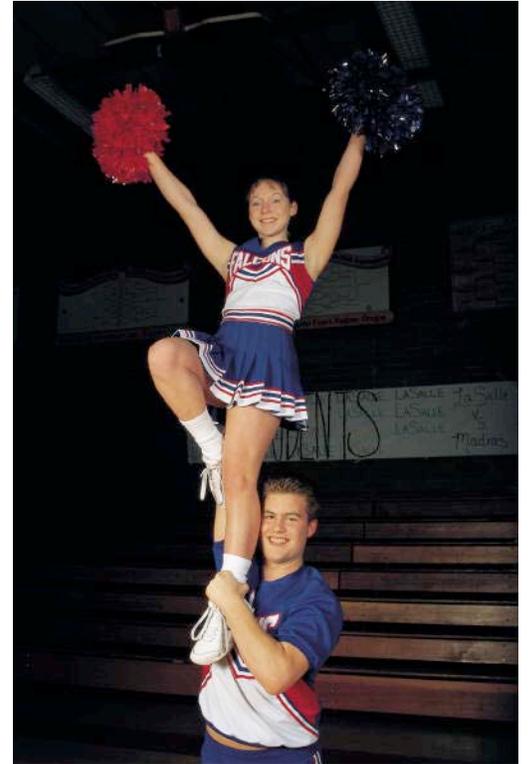
**Do not set your goals  
by what other people deem important.  
Only you know what is best for you.**

**Do not take for granted  
the things closest to your heart.  
Cling to them as you would your life,  
for without them, life is meaningless.**

**Do not let your life  
slip through your fingers  
by living in the past nor for the future.  
By living your life one day at a time,  
you live all the days of your life.**

**Do not give up  
when you still have something to give.  
Nothing is really over until the moment you stop trying.  
It is a fragile thread  
that binds us to each other.**

**Do not be afraid to encounter risks.  
It is by taking chances that we learn how to be brave.**



**Do not shut love out of your life  
by saying it is impossible to find.**

**The quickest way to receive love is to give love;  
The fastest way to lose love  
is to hold it too tightly.**

**Do not dismiss your dreams.  
To be without dreams is to be without hope;  
To be without hope is to be without purpose.**

**Do not run through life  
so fast that you forget  
not only where you have been,  
but also where you are going.**

**Life is not a race,  
but a journey to be savored  
each step of the way.**