

ADTS Officer Camp

Valley Officer Camp
June 12-14, 2017



Day One

- 8:30-9:00 Registration • NEW LOCATION! Alamo MS
9:00-9:30 Greeting, Warm-Up, and Stretch
9:30-11:30 Camp Dance (Olivia) and Kick Series (Abby)
9:45-11:00 Directors Camp Info Meeting
11:30-12:15 Leadership Session #1 – Defining Your Leadership Role
Divide up: Head (Morgan), Returning (Lauren/Abby), and New (Olivia)
12:15-1:00 Lunch (on your own or pre-order in advance)
1:00-1:30 Leadership Session #2 – Creative Choreography + Assignment (Olivia)
1:30-3:00 Dance Session #1
2:00-3:00 Directors Workshop – “Bling It On” & Delegating Duties to Officers
3:30-4:00 Leadership Session #3 – Cleaning & Polishing Your Team (Abby/Lauren)
4:30-5:15 Home Routine Performance (optional)
5:15-5:30 Team Building & Daily Awards

****Gym available for open practice until 8:00pm**



Day Two

- 9:00-9:30 Warm-Up, Stretch, and Camp Dance Review Session
9:30-11:30 Dance Session #2
9:30-10:30 Directors Workshop – Movement Class w/ Abby
10:45-11:15 Directors Workshop – Booster Club & Creative Fundraising
11:30-12:15 Leadership Session #4 – Director and Officer Relationships (Morgan)
12:15-1:00 Lunch (on your own or pre-order in advance)
1:00-1:30 Leadership Session #5 – Teaching Technique to New Members (Olivia)
1:30-2:00 Team Building & Anti-Bullying Activities (Morgan)
2:00-3:30 Dance Session #3
2:00-3:00 Directors Workshop – “Bag of Tricks” w/ Toni Miller – Texas Motion Sports
3:00-3:30 Directors Workshop – Music Guidelines and Updates
3:45-4:45 Guest Dance Master Class w/ Jose Zamora
4:45-5:00 Team Building & Daily Awards

****Gym available for open practice until 8:00pm**



Greater Challenges, Greater Victories...

Day Three

- 9:00-9:30 Leadership Session #6 – Effective Team Management & Conflict Resolution (Morgan)
9:30-10:00 Warm-Up, Stretch, and Camp Dance Review Session
9:30-10:00 Directors Meeting – Final Evaluation Procedures/Submit music selections
10:00-11:00 Practice Creative Choreography (Staff will come around to critique)
11:15-12:00 Perform Camp Dance for **All American Auditions & Evaluation**
12:00-1:00 Lunch (on your own or pre-order in advance)
1:00-2:00 Kick Off for **Kick Company & Miss High Kick**
2:00-3:00 **Creative Choreography Evaluation**
3:15-4:00 Awards & Farewells

Dance Session #1

1. Pep Rally Pom – “Get Low” (Abby)
2. Int/Adv Lyrical – “We Don’t Eat” (Olivia)
3. Adv Jazz – “Deeper Love” (Lauren)
4. Pep Rally (Social Officer)–“Call On Me” (Morgan)

Dance Session #2

5. Pep Rally Hip Hop – “Humble” (Olivia)
6. Int/Adv Jazz – “Sugar” (Lauren)
7. Int/Adv Pom – “Chain Reaction” (Morgan)

Dance Session #3

8. Pep Rally Jazz – “In Love” (Olivia)
9. Pep Rally Kick – “Show You Love” (Morgan)
10. Int/Adv Hip Hop – “Culture” (Abby)
11. Int/Adv Contemporary – “Stay” (Lauren)



Valley Officer Camp • Performance Order

Alamo MS
Audie Murphy MS
Escalante MS
Kennedy MS
La Feria HS
Liberty MS
Lyndon B. Johnson MS
McAllen Memorial HS
Miller Jordan MS
Sauceda MS
Veterans MS
Weslaco East HS

Badgerettes
Emeralds Dance Team
Prancer Dance Team
Starlettes
Gold Stars
Starz Dance Team
Steppers
Prancers
Cougarettes
Showstoppers Dance Team
Dancerettes
Starlettes

Candace Trevino
Janie Sanchez
Adalaila Castillo
Mayda Villafranca
Scarlet Sanchez/Jessica Perez
Melissa Cortez-Ruiz
Karla Flores
Vanessa Balderas
Amanda Torres
Bianca Cantu
Dulce Medrano
Laura Cedillo

Greater Challenges, Greater Victories...