

Camps & Intensives for Dance/Social Officers



One Day Dance Officer Curriculum can be added to your existing private camp for your team. The ADTS instructor will offer a short version of the “Officer Camp Dance” then have 4-5 different leadership and technique workshops that will help motivate your officers to be servant leaders. The director will receive a special USB with an officer handbook that contains over 75 pages of instructional material that will offer support to your officers throughout the year, as well as over 20 pieces of music, including the music for the Officer Camp Dance.

Here are a few of the officer workshops that you can choose from:

- “Teaching Basic Dance Technique” “
- “Know Your Role as a Leader”
- “Teaching & Polishing Routines”
- “Partnering Techniques for Modern”
- “Developing Lyrical Technique”
- “Team Motivation and Leadership Styles”
- “Leaps and Turns”
- “Tricks and Stunts”
- “Kick and Stretching Technique”
- “Creative Choreography”
- “Discipline is Something You Do For Someone”
- “Problem Solving”

Although we highly recommend that the officers attend a full three day curriculum to learn routines and experience the workshops above as well as observing other teams at camp, it is important that the officers have a good basis for starting off the school year armed with valuable information that will inspire them to be the role models and leaders that will guide your team to a successful season.

Here is a suggested schedule for the additional One Day Officer Camp to add to your team private camp:

- 8:30-9:00 am Stretching and Kick Techniques (Workshop #1)
- 9:00-10:30 am Learn Officer Camp Dance 10:45-11:30am Workshop #2 (choose from list)
- 11:30-12:15 pm Workshop #3 (choose from list)

12:15-1:00 pm Lunch on your own
1:00-2:00 pm Workshop #4 (choose from list)
2:15-3:15 pm Workshop #5 (choose from list)
3:30-4:30 pm Workshop #6 (choose from list)

**Directors can design a schedule based on your officer group's needs.*

At a regular officer camp, the officers will learn a total of 16 routines plus a dance master class as well as many of the workshops listed above. For more information on Officer Camp dates and locations, visit our web site at www.danceadts.com/summer-camps/.

**The One Day Officer Camp is only offered as an addition to your team private camp and cannot be offered without the team camp. The cost is a minimum of \$500 (\$100 per dance officer).*