



# One Day Officer Private Camp

This special **One Day Dance Officer Curriculum** can be added to your existing private camp for your team. The instructor will offer a short version of the “Officer Camp Dance” then have at least 4-5 different leadership and technique workshops that will motivate your officers to be great leaders. The director will receive a special USB with an officer handbook that is over 75 pages of instructional material that will offer support to your officers throughout the year, as well as a music CD with over 20 pieces of music, including the music for the Officer Camp Dance.

Here are a few of the officer workshops that you can choose from:

- “Teaching Basic Dance Technique”
- “Know Your Role as a Leader”
- “Teaching & Polishing Routines”
- “Partnering Techniques for Modern”
- “Developing Lyrical Technique”
- “Team Motivation and Leadership Styles”
- “Leaps and Turns”
- “Tricks and Stunts”
- “Kick and Stretching Technique”
- “Creative Choreography”
- “Discipline is Something You Do For Someone”
- “Problem Solving”
- \*plus many more options for seminars**



Although we highly recommend that the officers attend a full three day curriculum to learn routines and experience the workshops above as well as observing other teams at camp, it is important that the officers have a good basis for starting off the school year armed with valuable information that will inspire them to be the role models and leaders that will guide your team to a successful season.

Here is a suggested schedule for the additional One Day Officer Camp to add to your team private camp:



- 8:30-9:00am Stretching and Kick Techniques (Workshop #1)**
- 9:00-10:30am Learn Officer Camp Dance**
- 10:45-11:30am Workshop #2 (choose from list)**
- 11:30-12:15pm Workshop #3 (choose from list)**
- 12:15-1:00pm Lunch on your own**
- 1:00-2:00pm Workshop #4 (choose from list)**
- 2:15-3:15pm Workshop #5 (choose from list)**
- 3:30-4:30pm Workshop #6 (choose from list)**

Directors can design a schedule based on your officer group’s needs.

At a regular officer camp, the officers will learn a total of 16 routines plus a dance master class as well as many of the workshops listed above. For more information on Officer Camp dates and locations,

visit our web site at [www.DanceADTS.com/summercamps.htm](http://www.DanceADTS.com/summercamps.htm).

***\*The One Day Officer Camp is only offered as an addition to your team private camp and cannot be offered without the team camp. The cost is a minimum of \$500 (\$100 per dance officer).***