



## Bling it On! Workshop

Here is the chance for you to learn to ‘bling’ t-shirts and costumes for your team. This workshop is to introduce you the skills of gluing rhinestones, learning design patterns and after care for the shirts or costumes.

Here are the supplies you will need:

**Rhinestones Unlimited** [www.rhinestonesu.com](http://www.rhinestonesu.com) or 1-800-340-3525

You will need to be prepared to send a letter of request for a wholesale account on letterhead for your dance team or dance studio as they only wholesale to dance groups.

We recommend that you get the following type of stones:

Preciosa Machine Cut Crystals (flat back) Crystal AB 20's

The Crystal AB's pick up all colors. They are about \$7 per gross when purchasing in lots of ten gross. About 50 stones will bling a t-shirt nicely.

**Glue** We recommend the “Jewel Glue” from Walmart (about 99¢ per bottle) You will need to have each person get a scrap piece of paper so that they can practice making their ‘dots’ of glue on the paper before starting on their shirt.

**Tweezers** Some people prefer to use tweezers to pick up each rhinestone to set it into the glue but tweezers are optional.

**Toothpick or cuticle stick** You will need one of these to press down the stone into the glue. Some people like to use the eraser end of the pencil.

Directions:

1. Take the rhinestones and place in the design that you want on your shirt.
2. Take the glue and practice making small dots on a scrap piece of paper so that they are the right size. You want to make your dot of glue a little smaller than the rhinestone. If you make the glue dot too large, when you press it down, it will make a ‘donut’ shape of glue around the stone. You want a little glue to ooze around the stone but not too much.
3. After making about 8-10 of your glue dots, begin to place the stones on the glue either with your fingers or tweezers and press down with your toothpick or cuticle stick.
4. Let the shirt dry for at least 2 hours before picking it up. Otherwise, if you pick it up before the glue is dry, the stones will slide down.
5. Do not wash for at least a week. Wash in cold water, inside out, gentle cycle. Do not put in dryer but lay out to dry. Stones should stay on through many washings.